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Bread gets new image as
food-for-all-reasons.



Food, Page 1C

SIUE events celebrate Black
History Month.

News, Page 4A

Granite City Journal

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VOLUME 19, NUMBER 13

WEDNESDAY, FEBRUARY 15, 1995

THIRTY-FIVE CENTS

Denham firing is overturned

Ex-chief to return as captain

By Scott Cousins
Staff writer

The Pontoon Beach village board agreed to overturn the firing of former acting police chief Jim Denham at a special meeting Saturday afternoon.

"I'm very happy to be going back," Denham said Monday.

Denham said he was going to check later Monday to see when he would return to active duty. He declined further comment.

"The dismissal was overturned, and let's leave it at that," he said.

Denham, who was suspended with pay in December after two Pontoon Beach residents accused him of using racially-offensive language toward them, was fired Feb. 7 by acting chief Mike Crouch. He will return to work as a captain in the department.

An investigation by the Madison County State Attorney's office found no criminal wrongdoing. The report was forwarded to the village.

The board met in executive session for about two hours Saturday before voting 5-1 to overturn the firing. Trustee Mike

Mack cast the lone no vote.

Before the official meeting, attorneys for the city, Denham and the police department talked for about one hour.

Mayor Glen Wilson was happy with the board's decision.

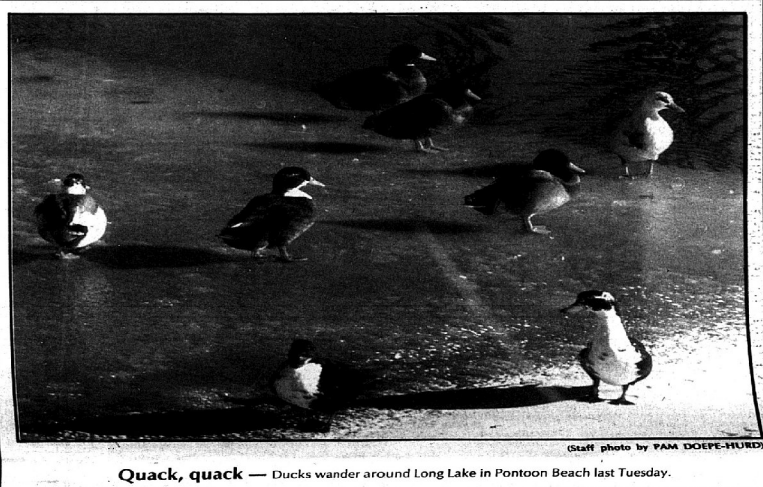
"I was for this," he said. "The man did wrong and should be punished, but this (firing) was a little too much."

Denham has been with the Pontoon Beach Police Department for 15 years. He was named acting police chief in July when Chief Chet Ballew went on disability leave.

He will return to the force as a captain. As part of the agreement, he will serve a 10-day suspension without pay, beginning from the day he was fired; and will enroll in an Illinois State Police stress management class.

At Saturday's meeting, Ronald Motil, the attorney representing Denham, presented a petition with 500 signatures supporting Denham. About 45 people, most Denham supporters, attended the meeting.

We had 500 people saying they were supporting him (Denham) and did not (See DENHAM, Page 6A)



Quack, quack — Ducks wander around Long Lake in Pontoon Beach last Tuesday.

(Staff photo by PAM DOEPE-NURED)

Pontoon record fight is settled

The battle between Pontoon Beach village clerk candidates over access to public records has been resolved.

Challenger Mary Rowden and incumbent Lou Whitsell had been arguing over conditions in which Rowden could look at records in Whitsell's office.

On Wednesday, Rowden spent 2 1/2 hours looking over village records with the mayor and deputy clerk.

Rowden, who wanted to get information for "personal" reasons, said she wanted to look at the records during normal business hours.

Whitsell, who serves as part-time clerk and is unavailable during normal business hours, would not allow her in the office without supervision.

(See FIGHT, Page 6A)

Recycling battle continues

County Board hears from mixed-waste backers

Madison County Board members gave mixed-waste processing a thorough airing Thursday night but left the lid off any solid decisions in the battle for trash.

Board members pitched dozens of questions during the special meeting after Norton Environmental executives explained the Ohio-based company's plan to build an \$8 million mixed-waste materials recovery facility in Wood River.

About 50 people attended the meeting, including several mayors and other municipal officials.

Company Vice President Louis Perez said the firm could easily guarantee a 25 percent recycling rate to meet the state's 1996 mandate at the same \$2 a month cost included in the county Environmental Control Committee's curbside recycling proposal.

"The advantage is we get 100 percent of the garbage and only the leftovers go to the landfill," he said.

The plan offers a single pickup, 100

S. Roxana makes decision, 3A

percent participation, 60 percent landfill diversion and clean products for resale, Perez said.

The company's dirty merr in Medina County, Ohio, processes 400 tons of trash per day and employs up to 60 people, he said.

Norton Environmental general counsel David Bolog said a similar plant in Madison County would be an equal-opportunity employer and probably have union jobs. Medina employees make \$7 to \$13.50 an hour with benefits, he said.

The company has plans to process trash from a 12-mile radius of the proposed plant site in Wood River's Lewis and Clark Environtech Business Park at Illinois Routes 3 and 143. The area has a population of 216,000 that produces 106,000 tons of waste a year, which

would meet the company's minimum of 90,000 tons to operate the plant.

Company officials said the plant would involve no state or county money and would not cost taxpayers.

Environmental Committee Chairman Dick Worthen of Alton appeared unimpressed with Norton's proposal.

"There are so many erroneous points and distortions in their presentation, it's impossible to take it point by point," he said. "Their analysis of the success of a clean merr was totally wrong, and they have only been in business 1 1/2 years."

"They haven't done any consultation with solid-waste professionals, and they can't get the trash to meet their needs," Worthen, who favors a curbside recycling program, said the county may not build any processing facility.

"The private sector may have to do it," he said, adding Norton's cost estimates are unrealistic. "Many municipalities are recycling, and the private sector is doing it now. Many of (See RECYCLING, Page 6A)

Firemen battle blaze, weather

Granite City firefighters battled sub-freezing temperatures as well as smoke and flames Sunday night when a fire broke out in a storage garage in West Granite.

The fire at the former Case tractor dealership, located on Missouri Avenue next to the A.O. Smith plant, ignited in a ground floor garage of the two-story cinder block building at about 8:10 p.m. Sunday, according to authorities.

Firefighters said the fire started when a hydraulic line broke in the garage. The blaze climbed up a wall and spread into the roof of the building, authorities said.

Firefighters battled freezing temperatures for about two hours to extinguish the blaze.

The cold weather made rolling up hoses filled with ice — difficult after the fire was extinguished.

Traffic on Missouri Avenue had to be detoured until about 10 p.m. while the fire was extinguished.

The building is currently for sale.

In the Journal

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Deaths

Gladys Rozycki
Clara Karpowicz
George Blum
Wanda Birk
Charles Flinn
Eugene Rogers
Kenneth Archer
Bernice Stelzer

SPRINGFIELD — Legislation making major changes in the state's welfare system was approved by a 76-35 vote of the Illinois House Friday.

"The Department of Public Aid is long overdue for an overhaul," said state Rep. Tom Holbrook, D-Bellefonte, who joined the Republican majority in supporting the proposal. "This plan is a compromise to the House Democrats' welfare reform measure. I think it is a good starting point, and it's definitely better than the status quo."

The Senate had approved an identical bill on Thursday, paving the way for it to be sent to Gov. Jim Edgar this week.

In the Senate, Evelyn Bowles, D-Edwardsville, was among the bill's supporters.

"I think there was bipartisan support because all understand there needs to be changes and some refinements in the welfare system and it can't go on like this," she said.

Bowles predicted additional welfare reform bills will be considered before the spring leg-

"I think there was bipartisan support because all understand there needs to be changes and some refinements in the welfare system and it can't go on like this."

— Evelyn Bowles

Traffic restriction on bridge

Beginning this week, construction in the area near the McKinley Bridge toll booths will restrict traffic.

The two center lanes around the toll booths will be closed to traffic during construction. Traffic will be restricted to one lane for west-bound vehicles and two lanes for eastbound vehicles. The restriction is expected to cause delays, especially between 6 a.m. and 9 a.m.

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(Staff photos by BOB SLATE)

Exchanging fun — The Granite City Rotary Club recently hosted a "Fun Day" for Rotary exchange students from throughout the southern half of the state. More than 20 high school-age students participated in the two-day event, which included swimming, games, music, dancing and sleeping over at the Tri-City Area YMCA; a trip to Exhilarama in St. Louis; and ice skating at Wilson Park. Above right, Lucero Taboada of Mexico has a conversation with Mayor Ron Selph — in Spanish. Above left, gathering for a photo are, top row from left: Henning Best of Germany; Nicolas Wanege of Belgium; and Paulo Gomes of Brazil; middle row from left: Paulina Sheber of Poland; Kati Somedessi of Finland; Lucero Taboada of Mexico; and Tomoko Otaki of Japan; and front: Carolina Villamizai of Colombia. At left, some of the students enjoy a swim at the YMCA. Gail Valle, chairman of the exchange student program for the Granite City Rotary Club, coordinated the weekend.

Three die in car-train accident

By Mike Viola
Staff writer

Four-year-old Chad Hart of Cahokia was the only surviving passenger in a car that collided with a train Friday near Germantown. The accident killed Chad's parents, Kevin "Dale" Hart, 39, Debbie Hart, 37, along with a brother, Christopher, 7.

Among the family's survivors are Mark Hart of Granite City, a brother of Kevin Hart. On Monday, a spokeswoman for Cardinal Glennon Children's Hospital in St. Louis said Chad was still listed in critical condition with multiple injuries.

Clinton County authorities gave the following account of the accident:

At about 3:30 p.m. Friday, Kevin Hart was crossing a Norfolk Sossion railroad track at Woodlane Road west of Germantown. Kevin Hart was following a car driven by his son Dale Hart, 16, who was accompanied by a friend, Mary Helms, 20 of Fayetteville.

Dale Hart made it across the track without incident but when his father drove up onto the tracks, the car was hit by a train traveling about 45 mph. Bright afternoon sunshine may have caused Kevin Hart to not see the train.

The rural railroad crossing is marked by a sign, but there is no gate or flashing lights. Family members have placed three small crosses at the railroad tracks in memory of the Hart family. Debbie Hart was pronounced dead at the scene by Clinton County deputy coroner Mark Moss. Kevin Hart and Christopher were pronounced dead at St. Joseph's Hospital in Breese.

Chad was thrown through the window of the car and survived. He was transported to Cardinal Glennon Children's Hospital.

Funeral services for all three victims will be held at 1 p.m. Wednesday, Feb. 15 at Kassy Colonial Mortuary in Fairview Heights.

Friends may call from 10:30 a.m. to 9 p.m. Tuesday, Feb. 14 and from 9 a.m. until time of service on Feb. 15 at Kassy Colonial Mortuary.

Real estate transactions

The following real estate transactions were recorded at the Madison County Courthouse between Jan 23 and Jan 27:

Alton	Alton	Alton	Alton
2711 Hillcrest.....	\$30,000	2711 Hillcrest.....	\$30,000
1715A Mundy Vista.....	\$37,000	1715A Mundy Vista.....	\$37,000
192 W 9th.....	\$80,000	192 W 9th.....	\$80,000
4612 Washington.....	\$75,000	4612 Washington.....	\$75,000
813 College.....	\$18,000	813 College.....	\$18,000
788 E 5th.....	\$22,000	788 E 5th.....	\$22,000
42 Marietta.....	\$60,000	42 Marietta.....	\$60,000
1815 Park.....	\$58,000	1815 Park.....	\$58,000
420 E 9th.....	\$31,500	420 E 9th.....	\$31,500
621 Liberty.....	\$7,500	621 Liberty.....	\$7,500
1233 Rodemeyer.....	\$10,500	1233 Rodemeyer.....	\$10,500
1115 5th.....	\$19,000	1115 5th.....	\$19,000
2222 Washington.....	\$20,000	2222 Washington.....	\$20,000
3515 Western.....	\$54,000	3515 Western.....	\$54,000
20 Bethalto.....	\$22,500	20 Bethalto.....	\$22,500
201 Virginia.....	\$65,000	201 Virginia.....	\$65,000
Collinsville.....	\$11,000	Collinsville.....	\$11,000
229 Saddlewood.....	\$19,800	229 Saddlewood.....	\$19,800
417 Saddlewood.....	\$19,800	417 Saddlewood.....	\$19,800
225 St Clair.....	\$64,000	225 St Clair.....	\$64,000
707 Princeton.....	\$15,000	707 Princeton.....	\$15,000
778 Longh.....	\$29,000	778 Longh.....	\$29,000
3409 Fairway.....	\$7,000	3409 Fairway.....	\$7,000
3503 Fairway.....	\$6,500	3503 Fairway.....	\$6,500
Hwy 159.....	\$87,457	Hwy 159.....	\$87,457
Hwy 159.....	\$120,000	Hwy 159.....	\$120,000
Ridgeway.....	\$70,500	Ridgeway.....	\$70,500
Harvel Ct.....	\$15,000	Harvel Ct.....	\$15,000
Old Bethalto.....	\$43,000	Old Bethalto.....	\$43,000
76 Lindenwood.....	\$85,000	76 Lindenwood.....	\$85,000
Forest.....	\$85,000	Forest.....	\$85,000
Augusta Trail.....	\$37,905	Augusta Trail.....	\$37,905
213 Chancellor.....	\$70,000	213 Chancellor.....	\$70,000
Jo Lee.....	\$10,000	Jo Lee.....	\$10,000
25 Suzanne Ct.....	\$12,000	25 Suzanne Ct.....	\$12,000
Bayridge Ct.....	\$75,500	Bayridge Ct.....	\$75,500
Brookshire.....	\$156,500	Brookshire.....	\$156,500
Catalina.....	\$3,000	Catalina.....	\$3,000
11 Kingsbrooke.....	\$47,000	11 Kingsbrooke.....	\$47,000
Martin Ct.....	\$25,000	Martin Ct.....	\$25,000
Santa Anita.....	\$115,000	Santa Anita.....	\$115,000
Tremont.....	\$50,500	Tremont.....	\$50,500
W Delmar.....	\$5,500	W Delmar.....	\$5,500
11 W Delmar.....	\$1,100	11 W Delmar.....	\$1,100
829 W Delmar.....	\$3,200	829 W Delmar.....	\$3,200
305 W Delmar.....	\$650	305 W Delmar.....	\$650
Avon Ct.....	\$115,000	Avon Ct.....	\$115,000

104 Schiller.....\$87,500
5309 Pine Ridge.....\$23,000
9000 Stowers.....\$750
316 Green Wood.....\$125,000
Question marks indicate that the street number is unavailable, and such parcels often involve vacant land.

— Lampitt Appraisals
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Correction

Kevin Kiely is an emergency medical technician (EMT) for the Granite City Fire Department. A story on page 2A in the Feb. 12 edition of the *Press-Record Journal* incorrectly identified him as a firefighter paramedic.

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1 more for dirty merf

S. Roxana backs mixed-waste proposal

SOUTH ROXANA — The Village Board tossed its support Thursday behind construction of a mixed-waste recovery facility in Wood River.

South Roxana joined a growing list of communities backing the proposed "dirty merf." Other municipalities that have committed are Wood River, East Alton and Hartford.

Two Godfrey officials who toured an Ohio dirty merf this week said they will recommend that the village officially support the project. Granite City officials are also leaning toward the dirty merf.

South Roxana trustees, voting unanimously, said the dirty merf proposed by Norton Environmental of Independence, Ohio, appeals to them because residents would not have to separate waste for disposal.

"If our goal is to reduce the stream of waste going to the landfill, I think it's the only way

to go," Mayor Danny Wilcox said. "We recycle now, and participation varies from 50 percent to 70 percent."

The Norton proposal would allow communities to continue to use the same type of waste collection, changing only trash haulers' destination.

Trustees heard a presentation last month by Norton vice president Louis Perez, who said the facility would be built in the Lewis and Clark Envirotech Business Park at Illinois Routes 3 and 140.

Wilcox toured Norton's dirty merf in Medina, Ohio, and told trustees he is extremely impressed with the operation.

"It was clean as a whistle," he said. "The entire operation is inside the plant. From the outside, there's not a hint that it is a waste plant."

Wilcox wants to support the dirty merf. Trustee John Ward asked Village Attorney David

Dugan, "Will our approval obligate us to anything other than verbal support?"

"It's my understanding it will not," Dugan replied.

In other action Thursday, the board:

Upheld the recommendation of the zoning board to deny the request by Scott Levan for a zoning variance to put stationary mobile homes on several lots he owns.

Postponed a decision on whether to contribute nearly \$400 to a campaign to save the Charles Melvin Price Support Center in Granite City and Scott Air Force Base near Belleville.

"I think it's a good thing," Finance Committee Chairman Robert Leckrone said. "We just don't have all that much extra cash."

The village may be able to contribute its share in the future, he said.

— From the Alton Telegraph



Work begins — Resurfacing work on the McKinney Bridge began last week when workers began cutting through the old pavement to prepare it for removal. Three weeks is the estimate for the first stage of repaving work at the east toll gates.

Hospice seeks volunteers

Hospice of Madison County, a department of St. Elizabeth Medical Center in Granite City, is recruiting professional and lay volunteers to help with patient and family care. Compassionate individuals are needed to serve throughout the entire Madison County area.

Completion of a volunteer orientation and training course is mandatory for applicants before beginning volunteer services. The 21-hour course will be offered from 9 a.m. to 4 p.m. in three Saturday sessions, March 4, 11 and 18, at St. Elizabeth Medical Center, 2100 Madison Ave.

The course is designed to prepare hospice volunteers for their roles as care givers and as representatives of the Hospice of Madison County. Utilizing guest lecturers, videos, classroom discussion and assigned reading materials, the course teaches practical and communication skills which are needed to fulfill the duties and responsibilities of hospice volunteers, particularly in the area of patient care assignments.

Since 1979, Hospice of Madison County has served the communities throughout Madison County and in surrounding counties by providing home care for patients with six months or less to live. Through the coordinated efforts of a team of health care professionals and trained volunteers, patients and their families are given the support and guidance needed to cope with the strains created by terminal illness.

Hospice of Madison County is licensed as a full-service hospice by Illinois and certified to offer hospice benefits to Medicare and Illinois Public Aid patients. Hospice services also are offered through private insurance benefits. Hospice of Madison County provides its services to all those in need, regardless of age, race, sex, color, creed, national origin, sexual orientation, handicap or ability to pay.

Anyone interested in becoming a Hospice of Madison County volunteer is urged to call Nancy Kappell, volunteer coordinator for the hospice program, at 798-3999, by Feb. 27, to arrange an interview.

Shimkus offers tax payment plan

John Shimkus, Madison County treasurer, has announced that he will again be offering the monthly payment plan for taxpayers who want to budget their property taxes on a monthly basis.

Last year, the first year the program was offered, 300 property owners participated. Approximately 300 have already enrolled in the program for this year. The plan is available for any property taxpayer in the county. "The response to the program was tremendous. I feel it is my duty to help taxpayers in any way that I can, and this program helps reduce the problem of coming up with two lump payments in the summer. It was very helpful to people on fixed incomes," Shimkus said.

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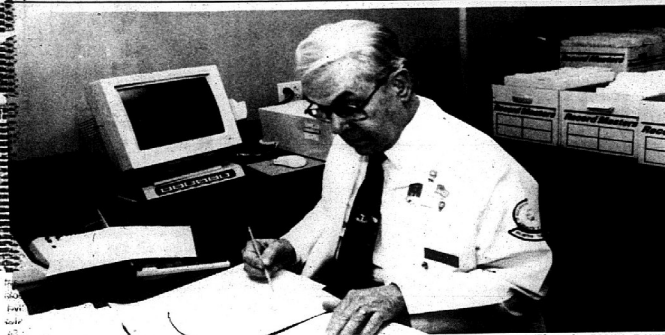
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LOCAL NEWS



Bill Herman at this desk in the SEMC Business Office.

Hospital volunteer receives award

Bill Herman, a volunteer in the business office and an auxiliary member at St. Elizabeth Medical Center in Granite City, has been awarded the Leadership Award of the Illinois Hospital and Health Systems Association.

Herman received the award during the 71st annual IHHA meeting.

Auxiliaries, volunteers and directors of volunteer services who show individual interest in community service through Illinois hospitals and further their education by attending four educational workshops or meetings during a 12-month period are eligible to earn the Leadership Award I.

The educational programs are planned by an 18-member state board called the Council on Volunteers. Programs are held on both a regional and state level.

In 1994, state-level program addressed such topics as fund-raising ventures for the auxiliary, presenting the

"how-to's" for changing and enhancing the auxiliary's fund-raising role, creating new ventures and fresh ideas for old programs, marketing principles, working with the public relations department and the media, plus a showcase of successful events from around Illinois — members learning from members.

There was also a one-and-a-half day Gift Shop Gala, bringing members together to discuss and explore issues affecting hospital gift shops, such as ways to show

merchandise, issues involving working with volunteers such as job descriptions, motivation, expectations, scheduling and diversification of the buying team.

According to the Independent Sector (a coalition of grant makers and charities) Gallup survey, volunteer hours total 20.5 billion with a dollar value of \$170 billion. Successful volunteer organizations and departments need to enhance their institutions through voluntary support.

SIUE celebrates black history

Several events have been scheduled on the campus of Southern Illinois University at Edwardsville this month to commemorate Black History Month, including a Feb. 16 African Traders Market, a Feb. 22 reggae performance by the Dub Brothers, and a Feb. 22 Spike Lee Film Festival.

Also scheduled are two documentaries and discussions: "Color Adjustment" set for Feb. 16 from 4:30 to 6:30 p.m., and "A Question of Color," from 4:30 to 6:40 p.m. Thursday, Feb. 22, both in the Mississippi-Illinois Room of SIUE's University Center (UC).

"Color Adjustment" is a study of prejudice and perception in the age of television, tracing how African Americans have been "reluctantly integrated" into America's "prime time family."

"A Question of Color" explores how many African Americans harbor disturbing feelings toward each other about themselves. The Feb. 22 Spike Lee Film Festival will feature two of Lee's most popular works: "Do the Right Thing" and "Jungle Fever."

The African Traders Market is set for 10 a.m. to 4 p.m. Wednesday, Feb. 15, in the UC Goshen Lounge, and the Dub Brothers will appear from 11:30 a.m. to 1:30 p.m. Wednesday, Feb. 22, in the Goshen Lounge.

A schedule of the remaining Black History Month events follows:

• Wednesday, Feb. 15, 10 a.m.-4 p.m., Goshen Lounge, African Traders Market.

• Wednesday, Feb. 15, 11:30 a.m.-12:30 p.m., Goshen Lounge—The James Mathews Jazz Quartet.

• Thursday, Feb. 16, 4:30-6:30 p.m., Mississippi-Illinois Room—Documentary and Discussion: "Color Adjustment."

• Friday, Feb. 17, 4 p.m.-1 a.m. Saturday, UC Cougar Den—AKA Dance-A-Thon.

• Saturday, Feb. 18, 7-11:30 p.m., Meridian Hall—Comedy Club with Willie Rance, C-Cliff, Lavell Crawford, and Jestene Bowen.

• Monday, Feb. 20, noon-1:30 p.m., Goshen Lounge—Panel Discussion: "Civil Rights Movement: Have We Progressed or Regressed?"

• Monday, Feb. 20-5:30-7:30

p.m., SIUE Religious Center—BSA Bible Study Sessions.

• Monday, Feb. 20-10 p.m., Mississippi-Illinois Room—BET Video Party.

• Tuesday, Feb. 21, 5-8 p.m., SIUE Religious Center—Potluck Dinner.

• Wednesday, Feb. 22, 11:30 a.m.-1 p.m., Goshen Lounge—The Dub Brothers.

• Wednesday, Feb. 22, 5 and 7:30 p.m., respectively, UC Deja Vu Room—Spike Lee Discussion: "A Question of Color."

• Saturday, Feb. 25, 7:30-11:30 p.m., Meridian Hall—"A Kumba"—Creativity: African American Expression Through Music; tickets are \$5; SIUE students, \$2.

Seed Starting How, what and when? from the experts at

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Starting seeds indoors is fun, easy, and it's a project that anyone can enjoy. It also gives you a jump on the gardening season. And isn't that a refreshing thought in the middle of February?

Annual flowers and vegetables are most often grown from seeds, but you can start perennials and some houseplants too. To start seeds indoors, you'll need containers and planting mix, not to mention the seeds themselves. Frank's has a better-than-ever selection of seeds this year, as well as the containers and mix.

Seeds won't all sprout at the same rate; some may pop up in a few days, while others can take weeks. If you sow some seeds too soon, you'll wind up with thin, gangly, anemic-looking seedlings. If you wait too long, they'll be too small to transplant into the garden. So how do you know when to start what?

First of all, you'll need to know how long a particular seed takes to sprout. It'll tell you on the back of each seed packet. You'll also need to know the date of the average last spring frost in this area, which is April 2. Remember, though, this is average. As we all know, Mother Nature offers no guarantees as to when the last frost will occur.

The following chart lists some annuals and vegetables that can be started from seed now. There are others, as you'll find out when you visit our seed department. We've done the calculating of dates, based on April 2nd, so you don't have to drag out a calendar and count weeks.

Crop	Indoor Seeding Date	Date to Plant Outdoors
Spring Vegetables	Mar. 26-Apr. 9	Apr. 9
Cauliflower	Mar. 12	Apr. 16
Eggplant	Mar. 12	Mar. 5
Lettuce	Mar. 12	Apr. 16
Muskmelon	Apr. 2	Apr. 16
Pepper	Mar. 12	Apr. 16
Squash	Mar. 12	Apr. 16
Swiss Chard	Mar. 12	Mar. 12
Tomato	Mar. 12	Apr. 2

Annuals (All can be planted outside after April 2):
Ageratum Feb. 12
China Pink Feb. 12
Flowering Tobacco Feb. 26
Marigold Feb. 19
Portulaca Feb. 12
Salvia Feb. 26
Snapdragon Feb. 12
Sweet Alyssum Feb. 26
Zinnia Feb. 26

You can use any container as long as it is about 3 inches deep and has drainage holes. Trays, clay pots, peat pots, plastic pots, milk cartons, egg cartons and styrofoam cups all have been used to start seeds.

however trays specifically designed for it are generally the best. If the container of your choice doesn't have drainage holes, make some. If you want to reuse an old container, first wash it with a weak solution of household bleach and water. Thoroughly rinse the container with tap water. That will get rid of any plant diseases that may be lurking around.

Use a peat-based (peat mixed with perlite and/or vermiculite) potting mix to start seeds. It's lightweight and drains well.

Fill the container to within one half inch of the rim with moist planting mix. Moisten dry mix by misting or sprinkling water on it. Sow seeds evenly in rows if possible, and at the depth specified on the seed packet. If the packet doesn't give seed depth, plant seeds twice as deep as their largest dimension. Here's a little tip: Sow more seeds than you think you'll need. Some seeds may not germinate and others may fail to get past the seedling stage.

If you start different seeds in the same container at the same time, try to sow seeds that germinate at about the same rate. After you've sown them, label the container with the seed type and planting date. To keep the seeds moist, cover the container with clear plastic. This will allow light to reach the seeds.

Place the container where it will receive bright, but indirect, sunlight. A warm spot near an east or west window is a good place. If a sunny window isn't available, the trays should be provided with at least 12 to 14 hours of fluorescent lighting daily.

We'll have more tips on seed starting in Sunday's Journal.

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- Kirkwood - 1135 S. Kirkwood (314) 821-8866
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Watch Sunday's Journal for more tips from the experts at Frank's!

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Different school, similar problems

Ex-Madison principal faces new challenges in parochial system

By Scott Wuerz
Staff writer

The more things change, the more Robert Mahelic wants them to stay the same.

Mahelic served as principal of Madison High School for six years and was a teacher in District 12 for 24 more years before becoming principal of St. Boniface School in Edwardsville last August.

Despite the change from public to parochial schools, Mahelic said both systems share the same dilemma: maintaining high educational standards while dealing with an ever-shrinking budget and resources.

"When I was in Madison, so many businesses closed down or moved away and it really devastated the community," Mahelic said. "We had our class sizes cut in half, and that's a big change."

"When you're involved in a situation like that, you have to get involved and not be afraid to pick up a hammer or a wrench when something breaks."

United Way meeting March 8

All United Way supporters and volunteers are invited to attend the Tri-Cities Area United Way annual meeting and campaign celebration, to be held at noon Wednesday, March 8.

The meeting will be a luncheon event held at the Elk's Hall, 4001 Marquette Road, in Granite City. Cost of the luncheon is \$6 per person. Anyone planning to attend is asked to make an advanced reservation by calling the United Way,

While many students have packed up and moved out of School District 12 in Madison, a different problem faces the administrators and clergy at St. Boniface.

Because of a diminishing number of priests, the Alton Deanery Pastoral Council has decided to investigate the possibility of combining the parishes of St. Boniface and Edwardsville's other parochial school, St. Mary's.

The result is that Mahelic's hands are tied until final word comes down from the Deanery about the future of St. Boniface.

"There are a lot of new programs I've contemplated since coming to St. Boniface, but everything has been put on hold by the possibility of consolidation," Mahelic said. "What our future will be is up to the Deanery Council, but a lot of people are upset by all the rumors flying around."

While students would not be denied their Catholic education if the schools were consolidated, many St. Boniface Parish members fear losing the history

of their church.

"If the churches were to be consolidated, it would obviously have to take place at St. Mary's," Mahelic said. "There simply is no room (at St. Boniface) to build."

In the meantime, before a decision is made, Mahelic said it will be business as usual at St. Boniface.

"I came here because I want to be involved with students, not just be an administrator behind a desk," Mahelic said. "The staff at St. Boniface has made me feel very welcome and I

hope we can continue to work together and make a difference."

While the Deanery Council makes its decision, Mahelic said St. Boniface parish members should not jump to conclusions.

"All that has happened to this point is that they've decided to investigate the possibility of combining the two parishes," Mahelic said. "I'm 99 percent sure that when the school year starts next May, it will be business as usual at St. Boniface school."



Robert Mahelic

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Back Talk

by Dr. Warren A. Stewart, Jr.

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People who suffer subluxations (misalignments in the spine) due to falls or other injuries may be inclined to dismiss the episodes after a few days when the pain goes away. However, it is rarely the case that a subluxation will go away spontaneously. It is usually persistent, after becoming the source of problems elsewhere in the body. If the subluxation results in nerve interference, the organ or tissue served by the nerve may suffer. The subluxation may also create premature wear to a joint that, in later years, eventually deteriorates more quickly than it should have. A chiropractic examination can lead to the detection of subluxations before they lead to potential health problems.

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Community calendar

Our event calendar also includes entries for community groups and their normal meeting days. Such groups meet on the first Monday of the month, the first Tuesday of the month, etc. Readers are encouraged to call these groups if holidays or other days pose uncertainty. Corrections, additions and deletions of information are encouraged, and new entries may be added at anytime by calling the newsroom at 876-3000. This calendar runs in every Wednesday's Journal.

Wednesday, Feb. 15

Granite City Business and Professional Women, meeting at Jerry's Cafeteria, dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5391 or 451-6914.

Granite City Chess Club meets from 6 to 9 p.m. at the Granite City Public Library. For more information, call 876-4328.

Mount Zion General Baptist Church, 2827 Mockingbird Lane, in Granite City, will offer free clothing available to those in need from 10 a.m. to noon.

Pulmonary Support Group, for persons with diagnosed lung condition, 11 a.m. to noon in 4-Doctors Solartum, St. Elizabeth Medical Center, 798-3019.

Alcoholics Anonymous, 11 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Scher's Noah's Ark Day Care, Pontoon Road, Granite City. The meetings are closed except for the last Wednesday of the month.

Collinsville Area Recreation District in conjunction with the Boots and Slippers Square Dance Club will sponsor square dance lessons from 7 to 9 p.m. at Latham, 2290 Vandavia St., Collinsville. The cost is \$2.50 per person. Per session. For information, call 344-4636 or 344-4193, or contact CARD at 346-7529.

Divorced and Separated Group Ministry, 7:30 p.m., Eden United Church of Christ, 903 Second Street, Edwardsville, 656-9268.

Al-Anon, 7:15 p.m., Gateway Foundation, 600 Lincoln, Caseyville, 463-2429.

Parents Anonymous Group, meets 6 to 8 p.m. For information on where meeting will be held, call Elaine Landolt, 462-2714.

Stress Management Class, 7 to 8 p.m. at Mental Health Services, 50 Northgate Industrial Drive, Granite City. For people who want to know what causes stress, how it affects their lives, and what they can do about it. For more information call 877-4420. Fees are based on a sliding income scale.

Madison Community Action Group meets at 7 p.m. For more information call Dan at 452-2336 or Diane at 876-1380.

Thursday, Feb. 16

Chouteau Township Senior

Citizens, 9 a.m. to 2 p.m., Social Center, 906 Thorngate Drive, Mitchell.

Singles Connection, an evening at 7 p.m. at Fast Eddie's Bon-Air Tavern, 1530 East Fourth St. at Broadway, in Alton. Call Lisa at 344-3160 for more information.

Alcoholics Anonymous, 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 11 a.m., 2116 Club, 2116 Edison Ave., Granite City, 1 (800) 307-6600.

Take Off Pounds Sensibly Chapter 2383, 6:45 p.m. at Anchorage Recreation Center, 2909 Edwards St. For information, 797-6351 or 877-2784.

Al-Anon, 8 p.m., Wellness Center, 2103 Iowa, 463-2429.

Narcotics Anonymous, Seeking recovery, 8 p.m., 2016 Delmar Ave., 24-hour hotline 388-9409.

Overeaters Anonymous, 7:30 p.m. at First Christian Church, 2415 N. 9th St., Caseyville. For information, call 1 (314) 638-7621.

Granite City Community Band rehearsals, 7:30 to 9 p.m., St. John United Church of Christ, 2901 Nameoki Road, Granite City, 891-0443.

Friday, Feb. 17

Al-Anon meets at 8 p.m. at Pascal Hall on the main floor at St. Elizabeth Medical Center. Call 463-2429 for more information.

Alcoholics Anonymous, noon

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and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

STEMSS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets from 1:30 to 2:30 p.m. at Pascal Hall, St. Elizabeth Medical Center, Call 798-3604 for more information.

Saturday, Feb. 18

Eagles Auxiliary 1125 will meet at 9 a.m. at the Granite City Eagles Home, 2538 Madison Ave., and carpool to Shiloh Auxiliary 545 for the state officers' weekend meeting at 9:30 a.m. and the regular meeting at 10 a.m. Luncheon will be served. Entertainment will

be given in the afternoon. A banquet will be held at 6 p.m. with music for listening and dancing from 8 to closing. Contact Ann Pates for more information.

Madison County Humane Society will hold an Adopt-A-Pet day from noon to 4 p.m. at PetsMart in O'Fallon.

Obsessive/Compulsive Disorder Support Group meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Ballas Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call 1 (314) 843-3578.

Singles Connection, an evening of dancing from 8 p.m. to midnight at Lundsden Park in Highland. The cost is \$4. Call Doris at 887-4506 for more information.

Alcoholics Anonymous, 8 p.m.,

2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon Adult Children, 10 a.m., 2016 Delmar Ave., 463-2429.

Narcotics Anonymous, Acceptance, 8 p.m., 2016 Delmar Ave., 24-hour hotline 388-9409.

Rescue Mission, 1530 Fourth St., Madison, food pantry is open from 9 a.m. to noon. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

Sunday, Feb. 19

Singles Connection, dinner at the Old Spaghetti Factory on the landing in St. Louis. Meet at Burger King parking lot in Collinsville at 3:30 p.m. Call Sandy before (See CALENDAR, Page 10A)

CANADIAN MIST OR GORDON'S GIN \$5.99 750 ML \$10.99 1.75 LITER	CUTTY SARK OR BEEFEATERS \$10.99 750 ML \$20.99 1.75 LITER	CROWN ROYAL \$14.99 750 ML \$30.99 1.75 LITER	MILWAUKEE'S BEST \$6.99 24 CAN
WINDSOR CANADIAN OR OLD FITZGERALD \$10.59 1.75 LITER	JACK DANIELS OR J&B SELECT \$11.99 750 ML \$23.99 1.75 LITER	CANADIAN CLUB OR OLD SMUGGLER \$15.99 1.75 LITER	"ICE" 24 CAN BUSCH \$11.99 24 CAN MILLER \$9.99 24 CAN PIG'S EYE \$4.79 12 BTL.
CUERVO GOLD 750 ML \$9.99 GLLENLIVET OR GLLENHIDION \$17.99 STOLICHNAYA \$11.99 CRISTALL \$11.99 PINCH 15 YR OR J&B JET 12 YR \$18.99 TANQUERAY GIN OR STERLING VODKA \$10.99 CAROLANS IRISH CREAM OR CAROLAN VSPD \$8.99 ST. BRENDONS OR RYANS IRISH CREAM \$7.99 HENNESSY VS \$16.99 ALIZE 750 ML \$13.99	DEKUPPER "ALL" \$10.99 JAMESON \$23.99 IRISH \$9.99 CANADIAN HUNTER 1.75 \$9.99 TANQUERAY \$23.99 ESJ BRANDY 1.75 \$13.99 EVAN WILLIAMS 40 PROOF \$12.99 GILBEYS RUM OR POPOV VODKA \$8.99	VENDANGE OR WALNUT CREST \$3.49 HARVETS \$8.69 CHAT. ST. MICHELLE \$8.99 CABERNET OR MERLOT \$5.99 FANTANA FRASCATI OR PINOT GRIGIO \$5.99 PIESPORTER \$4.99 MICHELSEBERG \$4.99 COLUMBIA CREST OR FETTER \$6.99 CAB. - MERLOT \$4.99 CHARDONNAY \$4.99 MAPA RIDGE \$5.99 BERINGER WIT. ZINFANDEL \$4.99 ANDRE OR GALLO VERMOUTH 2 for \$5.00 750 ML	ZIMA \$3.99 6 PK. HEINEKEN \$9.99 12 BTL. BARTLES & JAYMES \$1.99 4 PK. CARLO ROSSI \$5.99 4 LITER KORBEL \$7.99 750 ML INGLEWOOD OR ALMADEN 3 LITERS \$5.99 WHITE ZINFANDEL \$6.99

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P20565R15 \$67.35	P20570R15 \$64.32	P22560R16 \$118.04	P22575R15 \$87.95
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P19575R14 \$37.28	P18575R14 \$41.34	P19570R14 \$51.11	LT30-950R15 \$85.95
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P23575R15 \$46.69	P23575R15 \$51.76	P21575R15 \$58.03	

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EVA midsole, turf-inspired outsole for traction, canyon Healed leather material in heel.
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THE SPORTS AUTHORITY

Bang-up
Bridge
ALTON — Film added a final chapter to the new C...
The documentary details bridge construction beginning in 1990, to air on public television series early this year. Producers have no editing.
"We haven't finished," producer Neil Goodwin, Cambridge, Mass., made a conscious decision to add the destruction of the bridge last fall to the full cycle.
"We came back for the grand opening of the bridge and the demolition of the old bridge at the end of the story. I wish we didn't see it, to tell the complete story."
A broadcast date probably later than the company release. Neve, Goodwin said, "I wish we didn't see it, to tell the complete story."
Senior m
Donations for \$1.75. Call day...
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Pork chop, deli...
spinach, wheat...
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Fairview...
Senior V...
merchandise

Store

LOCAL NEWS

Calendar

(Continued from Page 7A)

Feb. 18 at 344-1393 for reservations.

Eagles Auxiliary 1126 will meet at the Eagles Home, 2558 Madison Ave., and carpool to the District 7 meeting at Alton Auxiliary 254 home. The group will leave the home at 12:30 p.m. for an officers' meeting at 1 p.m. and regular meeting at 2 p.m. Following the meeting, there will be a dinner and social hour and entertainment.

The Pontoon Beach Jaycees regular meeting is held at 7:30 p.m. at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

Alcoholics Anonymous, 1:30 p.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Narcotics Anonymous, Live the Steps, 8 p.m., 2116 Delmar Ave., 24-hour hotline 398-9499.

Alcoholics Anonymous, 8 p.m., St. Elizabeth Medical Center, Pascual Hall, main floor, Granite City, 1 (800) 307-6600.

Eagles Auxiliary 1126 Bingo, 1 p.m. at the Nameoki Bingo Center. Also included will be a color raffle and a 30 so drawing.

Overeaters Anonymous meets at 2 p.m. in the Wiseman Room, first floor, St. Elizabeth Medical Center in Granite City.

Monday, Feb. 20

Disabled American Veterans Chapter 53, 1417 19th St., Granite City, 876-7816, 8 p.m.

Alcoholics Anonymous, noon and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Al-Anon, 9:30 a.m., 2116 Club, 2116 Edison, Granite City, 463-2429.

Neglected Victims of Child Sexual Abuse, a support group for

nonoffending parents of victims, meets from 6 to 7:30 p.m. at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

TOPS 2048 (Take Off Pounds Sensibly), 8 p.m., Melvin Price Support Center in Granite City, 876-2124.

TOPS 11, 645, 7 p.m., Anchorage Recreation Center, 2902 Edwards St., Granite City, 452-6102. Men and women welcome.

Wal-Mart Senior Citizens, bingo, 7:30 to 8:30 a.m.

Tuesday, Feb. 21

Band Parents Association of Granite City High School, 3101 Madison Ave., 451-5808, 7 p.m.

Depressive Association of Madison County meets at 7 p.m. at St. Elizabeth Medical Center. Dr. Brent Snell serves as the group's psychiatric consultant and Gene Miller, group leader of the St. Clair County chapter, is the temporary Madison County group leader. For more information, call Miller at 234-2864.

Knight of Columbus, 4th Degree, 4225 Old Alton Road, 7:30 p.m., 877-4250.

The Edgewood Program will host a talk and film on "How to Help an Alcoholic or Drug Addict Who Won't Help Himself" at 7:30 p.m. in the Wiseman Room at St. Elizabeth Medical Center. The speaker is Warren Neal, counselor with the SEMC Behavior Health System. The talk is free and open to the public. Call 798-3012 for more information.

Lupus Erythematosus Support Group, sub-chapter of Illinois Lupus Foundation, 7:30 p.m. Memorial Hospital auditorium, Belleville, 233-7750, extension 5860.

Singles Connection, volleyball held at 6:30 p.m. at the YMCA, Esic Drive, Edwardsville. There is a \$3 fee for three hours of play. Call Frank at 876-4315 for more information.

Eagles Auxiliary 1126, the escort team will sponsor a card party at the Eagles Home, 2558 Madison Ave., in Granite City, from 6:30 to 10 p.m. The party is open to the public. Cost is \$2.50.

TOPS 1899 (Take Off Pounds Sensibly) will meet at 6:45 p.m. at the Anchorage Recreation Center, 2902 Edwards St., call 797-2724 for more information. Men and women are welcome to attend.

Alcoholics Anonymous, 8:30 a.m. and 8 p.m., 2116 Club, 2116 Edison, Granite City, 1 (800) 307-6600.

Alcoholics Anonymous (women only), 8 p.m., Presbyterian Church, Mitchell, 1 (800) 307-6600.

Alcoholics Anonymous, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

Al-Anon, 8 p.m., St. John United Church, 2901 Nameoki Road, Granite City, 463-2429.

United Methodist Church cafeteria, 20th and Delmar, Granite City (babysitter available), 463-2429.

Alatene and Pre-Alatene Pro-

gram for 12 to 17 age group, and pre-alatene for six to 11 year age group, meets at 8 p.m. at Niedringhaus United Methodist Church, 20th and Delmar. For more information call 463-2429.

The Blood of the Lamb prayer and Bible study. The public is invited to come for praise and worship, teaching from the Word and prayer for your needs from

10:30 a.m. to 12:30 p.m. at Full Gospel Fellowship Hall, 2301 Orville, Granite City. A nursery will be provided. If a ride is needed, call 451-4020 or 1 (314) 868-1865.

The Circle of Hope, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. at the King's House on North 66th Street in Belleville. For more information,

call 234-0251.

Granite City Kiwanis meeting at Shoney's at 7:30 a.m.

Narcotics Anonymous, Path to Recovery, 8 p.m., 2016 Delmar Ave., 24-hour hotline 398-9499.

School of Metaphysics, 7:30 to 10:30 p.m., 9459 Roslan Place, St. John, Mo. 63114. Classes in applied metaphysics. Call Melanie McManus at 429-0076.

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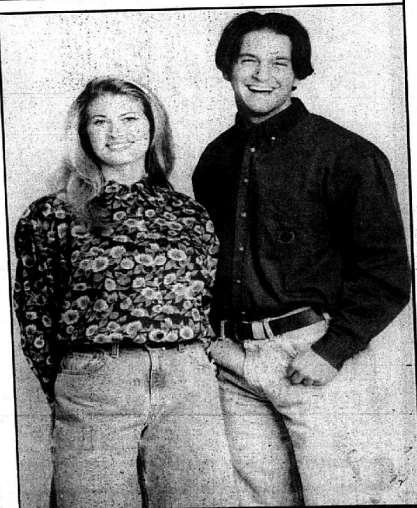
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Questions rules for

Because my include being coach at O'Fallon High School, I of events that and the law. The recent I freshman coach High School in opened my eye reminded me teacher-coach

WHAT FO is directed sol education pro desire to mail who are allow personal pro shield of fede Upon learni was know of of the girl, I situations in students might school to amo learned how slink through hypothetical the following Let's say s such a way from a high the violation administrator that particu expelled. The seem simple asking quest happens wh I found th information student from another is th

AND IN based my q that an exp have no writ her problem Even mo fact that wi expelled, the guardian ce withdrawal signature of school board student's re virtually c A suspen expulsion n student's g a parent o to establis district, th other than such a stu Thus, sh involved, a might get public sch move into even havin eligibility.

WORD p precede a from one laws relat anything — 30 as t student. Fortun case has seem southwest the state only won before the school di area will The M caused n reaction he enoug lawmake necessar better en involved (Art Voc soccer School, column

WE GC the A will i (920 The 7:30 Th Frid, ville, in th 7-11, loss

BASKETBALL

Prep boys results and standings.

Page 2B

LOCAL JOURNAL SPORTS

BASKETBALL

Lady Warriors meet O'Fallon in regional opener.

Thursday



Art Voellinger

Questions about rules for transfers

Because my occupations include being a teacher and a coach at O'Fallon Township High School, I'm always aware of events that concern the school and the law.

The recent killing of a freshman coach at McCluer North High School in Florissant, Mo., opened my eyes to matters that reminded me of my status as a teacher-coach.

WHAT FOLLOWS IN no way is directed solely at special education programs or anyone's desire to mainstream students who are allowed to carry their personal problems behind a shield of federal laws.

Upon learning of how little was known of the accused killer of the girl, I wondered about situations in which other students might transfer from one school to another. Specifically, I learned how an individual can sink through the system.

Rather than quote any of the school administrators or lawyers to whom I spoke so as to avoid making a local tie to a hypothetical case, consider the following:

Let's say a student acts in such a way to deserve expulsion from a high school. Whatever the violation, a public school administrator can determine that particular student is to be expelled. The process would seem simple, wouldn't it? Yet, in asking questions about what happens when students transfer, I found that about the only information that goes with a student from one school to another is the transcript.

AND IN ILLINOIS, where I based my questioning, I learned that an expelled student can have no written record of his or her problems.

Even more interesting is the fact that when someone is expelled, that student's parent or guardian can ask for a withdrawal prior to the final signature of expulsion by a school board, and the troubled student's record thus becomes virtually clean.

A suspension related to expulsion might affect a student's grades, but as long as a parent or guardian is willing to establish residency in another district, there is little penalty other than inconvenience for such a student.

Thus, should athletics be involved, a student-athlete who might get into trouble at one public school can withdraw and move into another school without even having to wait for eligibility.

WORD OF MOUTH might well precede an individual's move from one school to another, but laws relating to privacy prevent anything being placed in writing — so as to protect the individual student.

Fortunately, my hypothetical case has no roots in the southwestern Illinois area. Yet similar events have occurred in the state of Illinois, and one can only wonder how long it will be before the close proximity of school districts in a metropolitan area will allow more.

The McCluer North incident caused much shock and public reaction. Just maybe there will be enough for the do-gooders, or lawmakers to realize the necessary changes to ensure a better environment for everyone involved in public education.

(Art Voellinger is the baseball and soccer coach at O'Fallon High School. He writes a twice-weekly column for the Journal.)

WGNU to air GCHS-Alton

Friday's Southwestern Conference game between the Granite City Warriors and the Alton Redbirds at GCHS will be aired live on WGNU (920 AM).

The broadcast will begin at 7:30 p.m.

The Warriors, coming off Friday's 64-40 loss to Collinsville, are 4-16 overall and 2-6 in the SWC. The Redbirds are 7-11, 2-5 after Saturday's 78-52 loss to Edwardsville.

State-bound GCHS scores a 10

Warriors dominate tourney, advance 10 to Champaign

By Rob Raphael

Staff writer

Any basketball player likes to score in double figures, and it's rare when a baseball or hockey team scores in double figures.

But the way the Granite City Warriors scored in double figures on Saturday hasn't happened in 46 years.

GCHS sent 10 wrestlers to the state tournament for the first time since 1949 after dominating the competition at the Granite City Class AA Sectional, held at Memorial Gymnasium. The Warriors will bring almost their entire team to the University of Illinois in Champaign, where the two-day state tournament kicks off Friday at Assembly Hall.

THE WARRIORS finished with four champions and six runners-up in the sectional, which featured the best wrestlers from four different southern Illinois regions.

Grapplers from regional meets in Cahokia, Mt. Carmel, Chatham Glenwood and East Alton-Wood River all met at Granite City, but the Warriors stole the show.

"I've never seen 10 wrestlers from the same school advance to a state tournament before," said Edwardsville coach Babe Stahlhut. "If they would have kept the old way, they would have set a record."

"They're one of the strongest teams I've ever seen," Belleville East coach Norm Dahm said. "Just a tremendous effort on their part."

"I GUESS I'M greedy, but I could have asked for 11," said a smiling Granite City coach Mike Garland. "I'm just proud of the kids, and everything they have accomplished."

The Edwardsville Tigers and the Belleville East Lancers both advanced two wrestlers to state. Edwardsville's John Heathcott finished second at 130 pounds, and Joel Munro advanced by this weekend.

(See STATE, Page 2B)



Fulkerson Buchek

To advance 10 is just a thrill.

The Warriors got championship efforts from all four of their seniors.

Tim Fulkerson (112 pounds), T.J. Slay (130), Brian Schooley (135) and Tony Buchek (171) all took home sectional titles, while juniors Bobby Chaulsett (103), Jeff Estrada (145), John Venne (152), Joe Scott (180), John Sellers (189) and Chris Janek (275) all finished second.

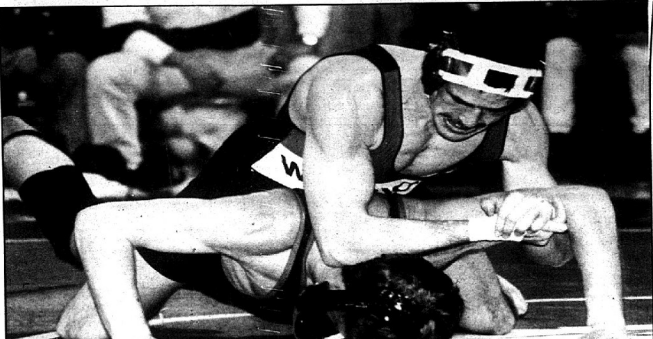
Even after the Warriors were done, there were other spots to be filled. Civic Memorial advanced four wrestlers to the state tournament, including sectional champion Mike Smith at 103 pounds.

TRAVIS ZIMMERMAN (140) was the only Eagle to finish second, while Ike Sullivan (118) and Jeremy Christeson (189) advanced by winning their third-place matches.

The Cahokia Comanches were the only team besides Granite City to win more than one championship. Sectional Andre Roberts (145) and Titus Taylor (182) will represent Cahokia in Champaign this weekend.

The Edwardsville Tigers and the Belleville East Lancers both advanced two wrestlers to state. Edwardsville's John Heathcott finished second at 130 pounds, and Joel Munro advanced by this weekend.

(See STATE, Page 2B)



T.J. Slay ties up Edwardsville's John Heathcott in the 130-pound title match Saturday at the Granite City Class AA Sectional. Slay (39-0) pinned Heathcott in 4:56.

Granite City Sectional

Finals
103 — Mike Smith (CM) pinned Bobby Chaulsett (GC), 4:00. 3. Tony Cunningham (MAR) def. Steve Moore (CAH), 8:5. 112 — Tim Fulkerson (GC) def. J.C. Gault (MV), 5:0. 3. Randy Olive (CG) def. Nick Dellase (CV), 1:4. 119 — Bola Odubiro (SEE) pinned Scott Vitek (OF), 3:48. 3. Ike Sullivan (CM) def. Brad Keifer (MC), 10:3. 125 — Andy Kains (MAR) def. Mike Dellase (CV), 9:7. 130 — T.J. Slay (GC) def. Ron Hansen (EV), 7:4. 135 — Brian Schooley (GC) def. Tim Graham (MAR), 1:5. 140 — Jeremy Christeson (GC) def. Ryan Kerr (JV), 5:2. 145 — Mike Steele (CA) def. Mike Wilcher (CAH), 12:8. 148 — Roger Pfister (HIGH) def. Travis Zimmerman (CM), 5:3. 3. Martin Banks (SEE) def. Ron Gill (MUR), 9:2. 185 — Andre Roberts (CAH) def. Jeff Estrada (GC), 10:7. 3. Phil Johnson (SEE) def. Bill Bryant (CM), 15:2. 182 — Titus Taylor (CAH) def. John Venne (GC), 3:58. Sean Tyus (SEE) def. Tondo Moss (MV), 6:1. 189 — C.J. Fernandes (BE) def. Joe Scott (GC), 8:3. 3. John McGlothlin (CG) def. Jason Christeson (CM), 14:1. 192 — Tony Buchek (GC) def. Mike Gillespie (SPL), 9:3. 3. Joel Munro (EV) def. Jim Morrison (CAH), 1:5. 195 — Damien Doss (SPL) def. John Sellers (GC), 6:5. 3. Jeremy Christeson (CM) def. Diego Harper (LHN), 3:58. 275 — Dan Yates (LHN) by default over Chris Janek (GC), 3. Phil Janek (BE) def. Josh McCall (MAC), 2:1.

Record-tying performance overwhelms sectional field

By Rob Raphael

Staff writer

The votes are in: What the Warriors did Friday and Saturday at their own sectional wrestling meet was one of the best performances anybody in the area has seen.

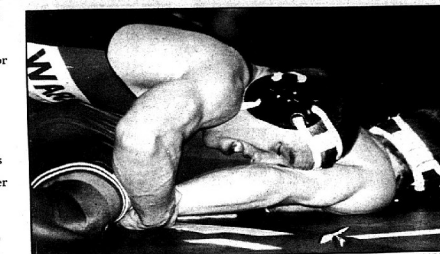
The Warriors' 10 state qualifiers equals a school record set in 1949. Illinois High School Association records do not indicate if that mark is a state record.

"It was spectacular," said Lincoln coach Henry Medley of the Warriors' accomplishments Saturday.

aturday at the Granite City Class AA Sectional. "If they're not the top team in the state, then they are in the top two or three. I would sure like to see them and (Chicago) Mt. Carmel go at it."

MT. CARMEL, ranked among the top five teams in the nation, would seem to be the Warriors' main roadblock entering the team competition. But the Caravan's status is unknown at this point. Mt. Carmel may have competed in too many varsity tournaments during the regular season, and could be disqualified.

(See SECTIONAL, Page 4B)



Brian Schooley (left) works on winning the 135-pound sectional title. Schooley defeated Jacksonville's Ryan Kerr 5-2.

Granite City skaters win playoff opener

By Tony Panozzo

Staff writer

Mikal Guffey led the way with his first hat trick of the season, and the Granite City hockey team overpowered Hazelwood East 8-2 Sunday in its Mid-States Club Hockey Association playoff opener at the North County rink.

Guffey scored two of Granite City's four goals in the third period as the Warriors defeated the outmatched Spartans for the fourth time this season. The teams were scheduled to return to the North County ice at 8:45 p.m. Monday night and complete a two-game series.

The winner will advance to the second round of the Mid-States Tie II playoffs and take on the winner of another two-game series between St. Mary's and St. Lindeberg this weekend.

Mary's defeated Lindeberg 5-2 last Friday and was going for the sweep Monday night at the South County rink.

"THE WARRIORS WASTED little time against the Spartans on Sunday, scoring just 49 seconds into the game when Chris Hatfield took a feed from Chris Valencia to make it 1-0. But the Warriors did not score again until 9:23, when Guffey made it 2-0 on a goal assisted by Jason Crites and Valencia, and Hazelwood East came back with two goals late in the first period to tie the score.

The Warriors, however, got a buzzer-beating goal from David Miskelley and five goals over the final two periods to put the game out of reach.

Granite City coach Dave Yurkovich said the Warriors, who have had little trouble with teams like Hazelwood East this season, were determined not to look past the Spartans.

"The Warriors improved to 18-2-3 on the year, and Hazelwood East dropped to 5-1-7. 'We didn't take them lightly,' Yurkovich said. 'We went out and scored hard and set the tempo. It was evident we weren't going to take them lightly in the locker room before the game.'

"WE'RE PRETTY MUCH dominated the second and third periods. The first period, they kept us in check. We really couldn't get anything going, and their goaltender came up big."

With time winding down in the first period and the Warriors ahead 2-0, the Spartans rallied with two goals in just over three minutes. Hazelwood East scored a power-play goal at 11:22 and then scored again with 26 seconds left in the period to tie the game at 2.

Yurkovich said the Spartans' second goal came after Valencia was booked down on a clearing attempt without a penalty.

"I knew we'd bounce back from it," Yurkovich said.

The Warriors quickly regained the lead when Miskelley scored at the buzzer to make it 3-2 on assists from Chris Hatfield and Brian Johnson. Miskelley flicked in his own rebound after a nice setup from his two teammates.

"It was a nice play," Yurkovich said. "That line was working real hard. They played real well together."

GRANITE CITY OUTSHOT Hazelwood East 17-5 for the period and resumed control in the second period.

Clint Phelps accounted for the only scoring of the period when he made it 4-2 on assists from Crites and Matt Wilson at 12:46. The Warriors then exploded with four more goals in the third period.

At 1:09, Guffey scored his second goal of the game on an assist from Miskelley. Just four minutes later, Crites put the Warriors up 6-2 on a goal assisted by Aaron Meyer and John Burroughs.

(See SKATERS, Page 2B)



Mikal Guffey scored three goals in Sunday's game against Hazelwood East. The Warriors opened the Mid-States Club Hockey Association playoffs with an 8-2 win.

Journal Writers' Poll Wrestling

- Granite City (1).....60
- Hazelwood East (2).....54
- St. Charles West (3).....48
- Wentzville (4).....42
- Francis Howell (5).....36
- Howell North (7).....29
- McCluer North (8).....21
- Belleville East (9).....19
- Collinsville (9).....7
- Fox (10).....5

Last week's rankings in parentheses.

Also receiving votes: Pattonville, Salsburg and Alton.

Journal Writers' Poll Boys Basketball

LARGE SCHOOLS

- St. Charles West (1).....22-2
- Vashon (2).....17-4
- Edwardsville (4).....16-3
- (tie) DeSmet (4).....16-3
- (tie) CBC (7).....16-6
- Collinsville (8).....16-8
- Hazelwood Cent. (6).....14-6
- (tie) Riverview (5).....16-7
- (tie) Howell North (10) 19-5
- Hazelwood East (NR) 16-7

Last week's rankings in parentheses.

Also receiving votes: Roosevelt, O'Fallon, Eureka, De Soto, Pattonville, O'Fallon and Webster Groves.

SMALL SCHOOLS

- Carroll Ritter (1).....21-3
- Berkeley (2).....19-5
- Lutheran South (3).....17-5
- Columbia (2).....17-5
- Rosary (5).....15-8
- Gibault (6).....15-7
- John Burroughs (7).....14-9
- Herculaneum (8).....15-9
- Bayless (NR).....14-9
- Lebanon (10).....16-8

Last week's ranking in parentheses.

Also receiving votes: Grandview, MDCS and Duchesne.

Journal Writers' Poll Girls Basketball

Large Schools

- Cor Jesu (1).....24-0
- East St. Louis (2).....22-1
- Parkway South (3).....20-2
- Wentzville (4).....16-2
- McClurg (6).....18-3
- Belleville East (5).....18-7
- (tie) Northwest (8) NA
- (tie) Hazelwood Cent. (9).....17-5
- Lincoln (NR).....15-4
- Howell North (10).....18-5

Last week's rankings in parentheses.

Also receiving votes: Troy, Hazelwood West, Neriex Hall and Parkway West.

Small Schools

- Incarinate Word (1).....21-4
- Wescott (2).....18-7
- Wellston (4).....18-3
- Rosati-Kain (4).....18-6
- Windsor (3).....NA
- Herculaneum (7).....NA
- Warrenton (5).....17-6
- Villa Duchesne (6).....16-6
- John Burroughs (9).....18-5
- Red Bud (10).....13-5

Last week's rankings in parentheses.

Sports shorts

Park District sign-ups

The Granite City Park District is now taking registration for its 1995 baseball and ponyball softball programs at the Wilson Park office. The Park District will offer a T-Ball program for 6 and 7-year-old boys and girls for the first time.

The age groups are divided by birth dates as follows:

Age 6: Sept. 1, 1988-Aug. 31, 1989; Age 7: Sept. 1, 1987-Aug. 31, 1988; Age 8: Sept. 1, 1986-Aug. 31, 1987; Age 9: Sept. 1, 1985-Aug. 31, 1986; Age 10: Sept. 1, 1984-Dec. 31, 1985; Age 11: Born in 1984; Age 12: Born in 1983; Age 13: Born in 1982; Age 14: Born in 1981; Age 15: Born in 1980; Age 16: Born in 1979; Age 17: Born in 1978; Age 18: Born in 1977.

Soccer camp

The Qu-Cities Soccer Association and the Madison County Soccer Association will hold a spring and fall fundamental soccer camp for boys and girls born in 1991.

The registration deadline is March 4. For more information on signing up, call Connie at 876-9000.

Legacy scramble

The Legacy Golf Club is taking entries for its President's Day scramble, to be held Monday, Feb. 20.

Tee times for the three-player scramble will begin at 10 a.m. The fee is \$25 per player and includes greens fees, cart and prize money. For more information, call 931-4653.

Mitchell registration

The Mitchell Athletic Club will again be sponsoring Khoury League sports this year. Registration for the summer season will be held every Tuesday and Wednesday through February.

New teams and existing teams will be formed based on child's birth year. Sign-ups will be held 6-8 p.m. Tuesdays and Wednesdays at the Mitchell School gymnasium, 316 E. Chain of Rocks Road.

The fees, for a minimum 10-game schedule are as follows: T-Ball (children born 1989-90), \$25; Coach-Pitch (children born in 1988), \$35; girls fast pitch softball (8-and-up), \$30; and boys baseball (8-and-up) to Senior League), \$25.

Anyone interested in managing, coaching, umpiring or needing more information can call Larry Monroe at 797-1522.

Pontoon Khoury sign-ups

The Pontoon Beach Khoury League will hold sign-ups for the 1995 baseball and softball season on Thursdays and Saturdays through February.

Sign-ups will be held 6-8 p.m.

on Thursdays at the Pontoon Beach Senior Citizens Hall and from 11 a.m.-4 p.m. Saturdays at Tracy's Shirt Shop, 4084 Park Lane.

Registration requires an original and copy of child's birth certificate. The fees are \$30 for baseball, \$20 for softball, \$35 for adult softball, \$20 for T-Ball and \$20 for coach-pitch.

For more information, call Tracy at 931-1281 or Kathy at 797-6738.

The Pontoon Beach Khoury League will hold a benefit dance Feb. 25 at Amvets Hall in Madison. Tickets are \$25 per couple or \$15 each and include admission, dinner and dancing from 6 p.m. to midnight. Music will be provided by Mountain Gravy.

All proceeds will go toward setting up and maintaining fields for the Pontoon Beach Khoury League. For more information, call 797-2238, 797-6738 or 931-1281.

SIUE baseball clinics

Southern Illinois University-Edwardsville will hold its Pitchers and Catchers Developmental Clinic on Saturday at the Vadalabene Center.

SIUE will also conduct three developmental hitting clinics 6:30-9 p.m. Feb. 22; 6:30-9 p.m. Feb. 23; and 1-3:30 p.m. Feb. 26. The pitchers and catchers clinic, for players ages 13-19, will be held 9:30 a.m.-3 p.m. Saturday.

The clinic will consist of individualized instruction in all phases of pitching and catching.

The pitchers clinic will feature Granite City native Kirk Champion, a pitching coach for the Birmingham Barons — the Chicago White Sox Class AA affiliate — and the same team that featured major league hopeful Michael Jordan last season. The catchers clinic will feature Champion's brother, Keith, a scout in the Chicago Cubs organization and a former minor-league catcher.

The clinic will be limited to 75 pitchers and 30 catchers. The cost is \$50 and includes a summer baseball camp discount and lunch.

The hitting clinic, for players ages 12-19, consists of three separate sessions and is limited to 48 hitters per session. The cost is \$25. For more information, call SIUE baseball coach Gary Collins at 692-2871.

Summer baseball camps

Boys ages 7-17 will have the opportunity to improve their baseball technique this summer through Belleville Area College's summer baseball camps that will be offered in June and July.

The camp director will be BAC baseball coach Neil Fiala. Cost of the camp is \$60 per week, which includes a camp T-shirt. Checks should be made

out to Belleville Area College and mailed to the BAC business office, 2600 Carlyle Road, Belleville, Ill., 62221.

All camps will be held from 9 a.m. to noon the following weeks: June 12-15, June 19-22, July 17-20 and July 24-27. The camps will stress the fundamentals of hitting, pitching and fielding. The July 24-27 camp will be a game camp, featuring a pro-style evaluation of each player's talent.

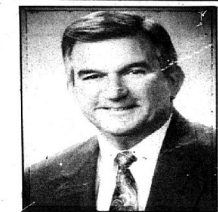
Baseball tryouts

St. Louis-area baseball coaches will conduct tryouts for the

St. Louis International Youth Baseball Association to select one USA team to play July 27-Aug. 7 in Germany. Players will fly into Munich and depart from Frankfurt, touring sites and staying with host families.

The tryouts will be held at Francis Howell High, 7001 Harvester (U.S. Highway 94), on Feb. 19 from 12:30-3 p.m. for boys born on Aug. 1, 1979 or later. There will be a \$10 registration fee, which is tax-deductible.

Call Madlyn Levin at (314) 532-5515 or (314) 532-2484 for more information.



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185/70SR14	BLK	62
195/75SR14	W/W	60
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P215/75SR15	RWL	89
P215/75SR15	W/W	87
P225/75SR15	BLK	76
P225/75SR15	W/W	87
P225/75SR15	RWL	89
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P235/75SR15	BLK	79
P235/75SR15	RWL	89
P235/75SR15	W/W	93

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P205/70SR14	BLK	86
P205/70SR14	W/W	89
P205/75SR14	W/W	93
P205/70SR15	BLK	89
P205/70SR15	W/W	92
P205/65SR15	BLK	88
P215/65SR15	BLK	92
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P205/75R14 44	P205/75R14 55	195/70SR14 52	P225/70R14 78	P225/70SR15 77	205/60HR14 65	31x10.50R15/4 84	LT245/75R16/10 122
P205/75R14 44	P205/75R14 56	205/70SR14 55	P225/70R14 78	P225/70SR15 77	205/60HR14 65	31x10.50R15/4 84	7.50R16/8 119
P205/75R14 44	P205/75R14 57		P225/70R14 78	P225/70SR15 77	205/60HR14 65	31x10.50R15/4 84	LT245/75R16/10 122
P205/75R14 44	P205/75R14 57		P225/70R14 78	P225/70SR15 77	205/60HR14 65	31x10.50R15/4 84	7.50R16/8 119

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Sectional

(Continued from Page 1B)

from competing as a team at the dual team state tournament Feb. 25 in Normal.

Either way, what the Warriors did over the weekend had many area coaches saying the b-word. "I've been around a while, and it's the best team I've ever seen," said Edwardsville coach Babe Shahut. "The scary thing is, it's not going to stop after this year. They only lose four seniors, and that leaves eight or nine to come back, and who knows who all they have waiting in the wings."

"It was some performance.

They might be the best team in the state," said Collinsville coach George Portz. "I know I've never witnessed anything like it before."

Granite City coach Mike Garland was singing the praises of his entire lineup. "You look down the whole line, and we got good efforts," he said. "Ability is one thing, but these kids just turned it up another notch this week, and that's something we'll have to do again to prepare for next week."

"I am proud of all the kids, and happy for them — especially the seniors. All of them won championships, and for the young

"It was some performance. They might be the best team in the state. I know I've never witnessed anything like it before."

— George Portz
Collinsville coach

ger guys, it might be the best

thing for them to just watch the seniors. They really came through, and they lead by example."

The only disappointment of the meet was a slight injury to heavyweight Chris Janek, who defaulted the championship match to East St. Louis Lincoln's Jan Yates in a non-rematch of the regional finals.

Garland said no one wanted to take any chances with Janek's shoulder at that point, with the state tournament coming up.

It would be sufficient to say that the Warriors' program has the respect of the area's opposing coaches.

"It couldn't happen to a better program," Portz said. "They deserve everything they get. That was really something... get."

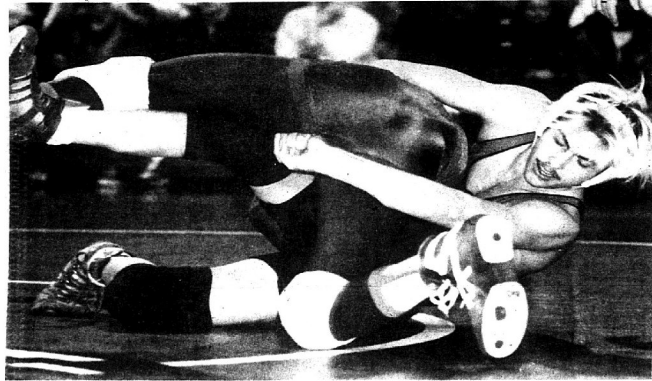
"Garland is a class act," Medley said. "He works his tail off running that program, and he gets the maximum mileage out of what he's got — and he's got a lot."

As a team, the Warriors are 25-0 in dual meets this season and ranked first in the St. Louis area and 20th nationally. They have advanced to IHSA dual team sectional competition, set for next week at GCIS Granite City finished the regular season unbeaten and then defeated

Belleville East 65-3 last week for the team regional title.

The Warriors are now seeking a return trip to the dual team state tournament, scheduled for next week at Illinois State University. Granite City is scheduled to meet Mt. Vernon in one sectional semifinal at 6:30 p.m. Feb. 21 in Memorial Gymnasium. Civic Memorial will face semfinal Chatham Glenwood in the other semfinal.

The two winners will then wrestle for the sectional title and an Illinois state quarterfinal berth.



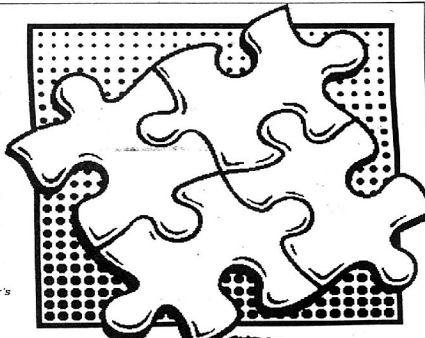
(Staff photo by PAM DOEPKE-HURD)

Jeff Estrada tangles with Cahokia's Audre Roberts in the 145-pound sectional title match Saturday. Roberts defeated Estrada 10-7.

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Blair Sch... to prese...

The second grade Owens from Blair Sch... Prehistoric Christmas and 22. The first po... for the early childho... kindergarten class... performance was for public, first grade a... students from Blair... Santa (Stanley P... reindeer (Donner), Blitzen, Kelvin Boy... Te Neesha Whitfield... McCaskill, Franc... Comet, Calvin You... Mercedes Washin... Cartha Sullivan; a... Victor Fields) bur... Christmas went in... They traveled dur... time where they m... Daniel Moore, Ash... Blakely, Shawn Je... Pollard, Shantay B... Miller, VaShawn M... Thomas and Ryan... Since the dinosa... and Santa taught... helped tame the fi... The students san... Warp! "That is Ch... Christmas Time." students were also

Omicron M...

The January me... cron Master Chap... ma Phi were held... of Alice Koneczn... Dorch. At the... Francis Hartman... her recent trip... Tsigoloff presen... on Canada at the

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Blair School classes team up to present Christmas play

The second grade students of Christine Kelly and Willie Mae Owens from Blair School presented a Christmas program entitled "A Prehistoric Christmas" on Dec. 21 and 22. The first performance was for the early childhood and kindergarten classes. The second performance was for the parents, public, first grade and third grade students from Blair.

Santa (Stanley Price) and his reindeer (Donner, Jake Ford, Blitzen, Kelvin Boyd, Dasher, Te'Neasha Whitfield; Vixen, Tamara McCaskill, Prancer, Tony Coleman; Comet, Calvin Young; Dancer, Mercedes Washington; Cupid, Caritha Sullivan; and Rudolph, Victor Fields) hurrying on Christmas went into a time warp.

They traveled back to prehistoric time where they met dinosaurs, Daniel Moore, Asha Boyd, Nakeisha Blakely, Shawn Jenkins, Kareem Pollard, Shontay Robinson, DeAndre Jordan, David Mason, Brittney Miller, VaShawn Miller, Danilo Pinnix, Patrick Ramseur, Tiera Thomas and Ryan Walker.

Since the dinosaurs had never heard of Christmas, the reindeer and Santa taught them what Christmas was really about. They even helped tame the fierce Tyrannosaurus Rex (Devin Lewis).

The students sang "How Are We Supposed to Know?", "Time Warp!", "That is Christmas Time", "Look Out" and "Merry Christmas Time." Barbara Cox video taped the program. The students were also able to enjoy watching their performance.

Since the dinosaurs had never heard of Christmas, the reindeer and Santa taught them what Christmas was really about. They even helped tame the fierce Tyrannosaurus Rex.



Blair School students played Santa and his reindeer, above, and a group of dinosaurs, right, in "A Prehistoric Christmas."



Omicron Master Chapter holds meeting

The January meetings of Omicron Master Chapter of Beta Sigma Phi were held in the homes of Alice Koneczny and Delores Dorch. At the first meeting, Francis Hartman, guest, told of her recent trip to France. Pat Tsigoloff presented a program on Canada at the second meeting.

Tsigoloff won the prize for the month.

Members enjoyed a spaghetti dinner in the home of Dorch and also spent an afternoon at the Silvermoon in Collinsville. Those attending included Juanita Calve, Lora Mae Lombardi, Imogene Forrest, Ruth Stoyanoff.

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SIUE announces Dean's List

Southern Illinois University at Edwardsville has announced the names of students qualifying for the Dean's List during fall semester. To qualify for the Dean's List, a student must maintain a grade point average of 3.5 or better and have 12 hours calculated (B is equivalent to a 3.0, A to 4.0).

Local SIUE students qualifying for the Dean's List are: Christina Arico, Dean Boswell, Julia Boyer, Patricia Brinkhoff, Carl Caspersen, Wendy Chamberlain, Timothy Cozine, Denise Dutko, Jacquelyn Ennis, Patti Evans, Angela Fraley, Cynthia Hahn, Juhl Han, Brian Harshany, Donna Haskell, Brian Henry, Jennifer Hitt, Angela Jacobs, Richard Judge, Julie Kern, Doyoung Kim, Melissa Konuch, William Lenzi, Erik Lewis, Patricia Luehmann, Daria Mayhall, Victoria Mertz, Chad Miner, Gabriel Mitchell, Jessica Moser, Kimberly Mouldon, Amanda Mucho, Daniel Paton, Mark Potillo, Theresa Price, Katherine Pulley, Edwin Riggs, Jeanine Sams, Barbara Schneider, Alicia Skirball, James Smallwood, Dwayne Springman, Patricia Thompson, Jennifer Valbert, Elizabeth Weckbach, Jennifer Wheeler, Jeffrey Wiehardt, Alan Willaredt, Michael Williams, Jennifer Wojtowicz, Valerie Wolf, Tara Wyatt, Katrina Zarate. Madison - John Cawly, Julie Fernandez, Dawn Haman.



Pom clinic — Participants in the Granite City High School Pom-Pom Clinic include, from left, front row, Sarah Hartzel and Lauren Scott; middle row, Jessica Skinner, Kristen Wilson and Kristy Jones; and back row, Kristy Jones, pom captain Amy Reiter, pom co-captain Mandy Schermer and Kristen Schermer.

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College b

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Patrick S. Lay
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Lay is majoring
therapist assistant
cennes University
cennes, Ind.

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EVERY WEDNESDAY

College briefs

Vincennes University
Patrick S. Lay of Granite City has been named to the Vincennes University dean's list for the fall semester of 1994. To qualify for the dean's list, a student must complete at least 12 credit hours and achieve a grade point index of 3.5 or better on a 4.0 scale.

Lay is majoring in the physical therapist assistant program. Vincennes University is in Vincennes, Ind.

Southeast Missouri State
Southeast Missouri State University has named the following students to its dean's list for academic achievement during the fall 1994 semester:
Granite City — Jacob Zimmerman.

University of Illinois
Richard Repp and Eric Stone, both of Granite City, are among students who were listed as January graduates at the University of Illinois at Urbana-Champaign.

Illinois College
Michelle Raynor, a junior at Illinois College in Jacksonville, has been elected president of the Chi Beta Literary Society for the first semester of the 1994-95 academic year. She is the daughter of Mr. and Mrs. Joe Raynor of Granite City.

The literary societies date from the early days of Illinois College and retain traditions that include debates, speeches and literary criticism. The societies also provide a well-developed social program for all members.

Illinois College was founded in

1829 and enjoys a historic affiliation with the Presbyterian Church (USA) and the United Church of Christ. As a leader among the Midwest's independent colleges and universities, Illinois College enjoys the distinction of being the nation's most affordable Phi Beta Kappa college. In recent years, several leading publications have recognized Illinois College for its affordable excellence.

SIU-Carbondale

Michael D. Pritchard of Madison has been awarded a scholarship for the fall of 1995 and spring of 1996 to attend Southern Illinois University at Carbondale. Pritchard, who will graduate in May 1995 from Madison High School, has been selected to receive the SIUC Grant Award, which will cover \$250 of tuition charges each semester for which the award is granted.

Pritchard, the son of Patricia Pritchard, is listed in Who's Who Among American High School Students and plans to study computer science at SIUC.

Recipients of the SIUC Grant Award are selected from a pool of applicants who rank in the top 10 percent of their high school class or who have an ACT (American College Test) composite score that places them among the top 10 percent of their peers nationwide.

For information on academic scholarships at Southern Illinois University at Carbondale, write Tammy Cavarretta, New Student Admission Services, Southern Illinois University at Carbondale, Carbondale, Ill., 62901; or call 335-4405.

Local Eagles Auxiliary 1126 initiates new member

Eagles Auxiliary 1126 held its second meeting of January with Ann Pates, president, presiding. The Pledge of Allegiance was given by all 20 members who were in attendance. The secretary read the minutes of the previous meeting and they were approved.

A roll call of officers was taken. Connie Mott, vice president, was unable to attend due to illness. The membership chairman read one application for membership. Florence "Fuzz" Hagauer reported that Nanette Marler Bladdick will be initiated at the February meeting.

The grand Aerie sent the group a sticker for the "No Goose Egg" poster for the month of November.

An invitation from the Shiloh Auxiliary 545 president was read. They will be hosting a state officers' weekend on Feb. 17 and 18. The regular meeting will be at 10 a.m. and will be followed with a luncheon at 11:30 a.m. A banquet will be at 6 p.m. and entertainment in the afternoon and evening will be enjoyed. A car pool will leave the Granite City Eagles at 5 or 9:30 a.m. Contact Ann Pates or Joanna Spencer.

Berwyn Auxiliary 2125 invited all to attend their state officers' weekend on Feb. 10 and 11.

Lester McKierman of the Granite City Library sent a thank-you letter and a list of large-print books purchased with the \$500 grant they received last year from the Eagles Auxiliary Golden Eagle Education Fund.

Mary Scarsdale, chairman of the fifth annual Flag Day parade, invited all to a meeting to have been held Feb. 6 to plan the entries for the 1995 parade.

Get-well cards were sent to Jean Seper, Alton Auxiliary 254, and Beulah "Boots" Stanton, who is in a nursing home.

Joanna Spencer, state officers' weekend chairman, reported that the group had 147 members in attendance at the meeting and banquet. The winners of the "tush" contest was Red McCauley, first place; and Larry Garwood, second place.

Rita Cuoco, Alton Auxiliary 254 and state heart project chairman, raffled a leprechaun music box and white musical bear, which were given away at the banquet.

A \$100 check was presented to Dianna Garrison by Ann Pates for the heart fund state project. A \$500 check was presented to Lester McKierman of the Granite City Library by Vincennes Zertan, Golden Eagle Education Fund, to purchase large-print books for the elderly.

Mary Stogner, Collinsville Auxiliary 1051 and past state ritual chairman, presented trophies to Dianna Garrison, District 1, first place; and Marilyn Oyen, District 7, second place; for their competition at the state convention 1994. This is the first time trophies have been presented.

Evelan Ederle, bingo chairman, gave her report and Helen Mueller, audit chairman, gave her report from Nov. 22 to the present time. Both reports were approved. Joanna Spencer, by-laws chairman; Mildred Boyd and Angie Buehler suggested that meetings begin to update the by-laws. Anyone wishing to be on this committee should contact Spencer.

Ruth Jorgensen and Joanna and Ken Spencer were to attend the seventh state convention in Paducah, Ky., on Feb. 10, 11 and 12. Prather School sent a request for volunteers to tutor school children that need help with their school work. You can volunteer for one hour a day, from noon to 1 p.m., or one day a week. Contact Prather School if interested.

Hostesses for the evening were Virginia Hamilton and Patty Laird. Prizes were won by Ruth Jorgensen and Carol Miller.

Others in attendance were Sue Allen, Kathleen Benda, Del Deloney, Florence "Fuzz" Hagauer, Vera Johnson, Catherine "Katie" Kostoff, Barbara Modrusic, Martha Simpson, Sandra Tutor, Millie Weatherford and Vincine Zertan.

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Date:
Thursday, March 2, 1995

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The United States Environmental Protection Agency

is accepting
PUBLIC COMMENTS
on the
NL Industries/Taracorp Superfund Site
Feasibility Study/Proposed Plan

The United States Environmental Protection Agency (U.S. EPA) recently completed a Feasibility Study and Proposed Plan for addressing ground water and hard rubber battery case materials at the NL Industries/Taracorp Superfund Site, Granite City, IL.

These alternatives are:

Main Industrial Area

- M-A. Source Removal to On-Site Landfill
- M-B. Source Removal to On-Site Landfill and On-Site Treatment of Material Characterized as Hazardous
- M-C1. Source Removal to Off-Site Landfill and Off-Site Treatment of Hazardous Waste
- M-C2. Source Removal to Off-Site Landfill and On-Site Treatment of Hazardous Waste
- M-D. Source Removal with On-Site Sorting and Treatment, Off-Site Recycling, and On-Site or Off-Site Disposal.

Remote Fill Areas

- RF-A. Removing Remote Fill from Residential Areas, Treating Remote Fill Characterized as Hazardous, and Capping Remote Fill in Alleys and Driveways
- RF-B. Removing Remote Fill from All Remote Fill Areas to On or Off-Site Landfill and Treating Remote Fill Characterized as Hazardous.

Ground Water

- G-A. Monitoring/Natural Attenuation
- G-B. Ground-Water Containment on the Main Industrial Area by Pumping and Disposing into the Local Publicly Owned Treatment Works (POTW) and Monitoring and Natural Attenuation in the Remote Fill Areas
- G-C. Ground-Water Containment on the Main Industrial Area Through a Combination of Installing a Slurry Wall and Pumping and Disposing into the Local POTW and Monitoring and Natural Attenuation in the Remote Fill Areas.

U.S. EPA is recommending alternatives based on information available to date. They are M-A, RF-A, and G-B. These alternatives will minimize the potential for future contamination and provide protection for public health and the environment.

Copies of the Feasibility Study, Proposed Plan, and other site-related documents are available for review at:

Granite City Public Library
2001 Delmar Ave.
Granite City, IL

An administrative record, which contains the information upon which U.S. EPA's decision will be based, has also been placed in the library.

Comments on the Feasibility Study and Proposed Plan may be submitted from February 17 to March 20, 1995 to:

Susan Pastor, P-19J
Community Involvement Coordinator
U.S. EPA
Office of Public Affairs
77 W. Jackson Blvd.
Chicago, IL 60604
(312) 353-1325

Comments will also be accepted at a

PUBLIC MEETING
Monday, March 6, 1995
7 p.m.
Granite City Township Hall
2060 Delmar Ave.
Granite City, IL

To ar children's agencies the *Suburban Journals' Old Newsboys Day* fund-raising drive is to be held in the city and playground equipment.

Last year, \$180,161 was raised by thousands of volunteers in the greater metropolitan region. Every dollar collected is donated to the city of Chicago. And although the amount was slightly higher than the 1993 total, it was less than the children's charities that needed funding. As a result, not all groups were able to be helped.

This year, the city's vast majority of organizations received at least part of the funding.

Plans already are underway for the 1995 Old Newsboys Day drive. The city will be asked to draw on the project in order to increase the amount of donations. The city also requests that children's charities need funding more than

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FAMILY

Church holds annual meeting

St. Peter Evangelical United Church of Christ held its annual congregational meeting Jan. 22 to approve its budget, elect new council members and designate benevolence.

New council members, Dorothy Kinney, Barbara Houston, Jennifer Little and Verna Kidman, will join Omer Shaefer, Frances Georgeff, Olive Kalert, Rebecca Serlich, Cathy Jung, Annabelle Patton, Robert Roth and Roy Salzman to make up the church council.

Those elected as church council officers were Kinney, president; Patton, vice president; Kalert, secretary; and Schaefer, treasurer.

In addition, Carolyn Anders was elected church school superintendent. Robert Roth was elected as elder. Roy and Betty Salzman will be delegates to the Illinois South Conference's annual meeting and Floyd and Linda Watson will be Protestant Welfare representatives.

Blair School Honor Roll

Bernard Long, principal of Blair School in Madison, has announced the names of the students on the honor roll for the second quarter. The following criterion is used for selection for the honor roll.

The objective is to encourage academic achievement among the students at Blair School by recognizing those students who excel at their ability level.

A straight "A" honor roll will be established for those students who maintain a straight "A" average in each of the academic areas during the grading period.

An honor roll will be established for those students who maintain a "B" average in the academic areas during the grading period without receiving a "D" or "F" grade.

A Bringing Up Grades roll will be established for those students who are not able to make the honor roll. This will encourage them to work toward the honor roll one step at a time. To qualify for the BUG roll, the student must bring up at least one grade in an academic area without lowering any other grade in an academic area.

The academic areas which will be considered when averaging

the students grades are reading, mathematics, spelling and English. Everyone will use the same scale to determine eligibility. The names of the students eligible will be turned into the office no later than one week after the close of the grading period.

The names will be displayed on the bulletin board at the entrance to the school. The students will be awarded an appropriate certificate. The names of the students who are listed on the honor rolls or the BUG roll will be sent to the local newspaper.

Those students who maintain an "A" average throughout the school year will receive high honors and a ribbon on awards day. Those students who maintain a "B" average throughout the school year will receive honorable mention and a ribbon on awards day. Any student who receives straight "A's" throughout the school year will receive the Principal's Award. The students listed on the honor roll include:

Straight "A" honor roll:
Ariane Bailey, Jeremy Felton, Xavier Garrett, Tamika Johnson, Jake Ford, Mercedes Wash-

ington and Quinton Edwards.

First grade honor roll:
Samuel London, Christina Franklin, Arianna Patton, Jan Turner, Evan Hamilton, Michael Terrell, Jermelle Johnson, Monte Perry, Delia Boyd, Leloya Carraway, CeArria Freeman, Christopher Moore, Christeena Myers, Christopher Powell, Precious Reeves, Antonio Treadway, Katrina White, LaOntaye Williams and Edu Young.

Second grade honor roll:
Tony Coleman, DeAndre Jordan, David Mason, Danilo Pinix, Patrick Rameur, Brittany Miller, Tierra Thomas, Nakeisha Blakely, Victor Fields, Devin Lewis, Tamara McCaskill and Daniel Moore.

Third grade honor roll:
Demarco Bell, Kenyanna Edwards, Steven Moore, Lakeisha Mosby, Venson Perry, Kimberly Terrell, Sonilia Wagner, Sekorai Wiggins, Kitisha Bradley, Antoine Clayborne, Monique Phillips, Sean Romey and Ricky Salmond.

BUG roll:
Ryan Walker.

Abroad

(Continued from Page 8B)

applies from the visitors and were constantly poking their noses into people bags.

Besides koalas and kangaroos, the sanctuary is home to wombats, kookaburras, opossums, parrots, Tasmanian devils, snakes, lizards, turtles, emus and peacocks.

The travelers flew to Sydney, Australia. Sydney, the capital of New South Wales, is Australia's oldest, largest and liveliest city with a population of about three million. Built around one of the world's finest harbors, it is a beach lover's paradise.

After a whirlwind tour of Sydney, which included

a boomerang throwing demonstration, the group boarded an Air New Zealand plane to make the 13-hour flight across the equator and the international date line to home.

Attendees, not already mentioned above, were Nina Dittman, Betty Duft, Georgia Engelke, Mr. and Mrs. Gordon Hauke, Eunice Halsecher, James Hayes, Joe Hill, Dorothy Hoedebeck, Ann Hordesky, Kathleen Kalchoff, Marguerite Lexow, Helen Lilly, Rose Mary Schmidt, Mariott Schocker, Charles Schweizer, Isabella Southwick, Mary Louis, Swan and Barbara Williams.

The February program will be given by local high school student, Audrey Delay, on her visit to China.

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Today's Food

Wednesday, February 15, 1995

Food & Nutrition

Wise Ways

New fat substitutes slim down cheese that tastes, melts and satisfies better.

INSIDE

Living Lean for Adults

Nonfat products do not give a ticket to eating heaven, but they can answer a few prayers for leaner paths to traditional foods.

INSIDE

Blue Ribbon Cook

Roll up favorite flavors — pineapple, carrot, apple, coconut — into one winning muffin.

INSIDE

Private Label Test Run

Waffles offer a slice of breakfast to grab from the toaster. Can a more economical one with a private label from Dierbergs give the best to you each morning?

INSIDE

Micro Raves

Switch tradition: Pull up your chair to a potatoes-and-meat meal.

INSIDE

Lively Taste

Add the favored flavor of pizza to popcorn. Warm 1/2 to 1 tablespoon oil. In large bowl, drizzle oil over 6 cups popped popcorn. Sprinkle with 1 tablespoon dry spaghetti sauce mix and 1 tablespoon grated parmesan cheese. Toss well.

Health & Fitness

Medicine Chest

Children can be at risk for heart disease. Obesity in childhood is a primary culprit. Because obesity may predispose a child to developing high blood pressure or heart failure later in life, help your child stay active and within his or her target weight.

Fresh Picks

As any former feeder of a guinea pig knows, there is more to buying a carrot than looking for something long, skinny and orange. Carrots should be smooth, firm, well-shaped and bright orange in color without a lot of 'whiskers.' Leafy tops should be removed before refrigerating in a plastic bag. If baby-cut carrots appear dry, refresh them with a cold-water bath to restore their bright color.

Big Fat Tip

Stir-fry meat in a single teaspoon of oil in a nonstick frying pan. Add vegetables with a few drops of defatted chicken broth.

Future Shop

The nose has it. In spite of all the mechanical instruments used to identify flavor constituents, there still is no instrument as sensitive or reliable as the human nose to go with taste. It takes five to seven years of training and passing a written exam from the Society of Flavor Chemists to become a certified flavorist.



Italian flavors accent Savory Sourdough Bake, meaty sandwiches made with browned rolls.

Our Daily Bread

By Janice Denham
Staff Writer

The bread aisle is bursting at the seams. Old names like English muffins, kaiser rolls and rye bread are catapulted to fame with new stars of dough — focaccia, bruschetta, bagels, scones and bread sticks.

The best part is that just as it has been the staff of life, the joy de vivre, the leaven of life for centuries, it is a food darling of the day.

Anyone who grew up on peanut butter and jelly, tuna salad or bologna sandwiches has an "I told you so" coming.

While many corner bakeries have given way to mass production, whole restaurant chains now base their menus on pleasing hungry people with bread. Every hamburger has its bun, every dish of pasta has warm bread or rolls alongside in a basket., every

bowl of soup sits in a crusty boat. Deli food is tops in popularity.

Unless that bologna is only good when the bread mashes into it, don't settle for soggy. Most people like a soft center and at least a little exterior crust to hold their handful together. Pull the soft center out of a large roll or bread bowl for dipping or sopping and use the thick crust as a boat for stew or dip. Crumble bread pieces of any type to make a casserole topping or bread pudding.

Thin slices of bread with a bit of margarine and a sprinkle of herbs or cheese warm family or guests with appetizers that become lunch. Remember cornbread? Serve it again with stew, soup or chili.

For a booklet of recipes that put bread in the center of the plate, order a free copy of "Celebration of

SEE BREAD, INSIDE TODAY'S FOOD PAGE 2

Kids' Cuisine

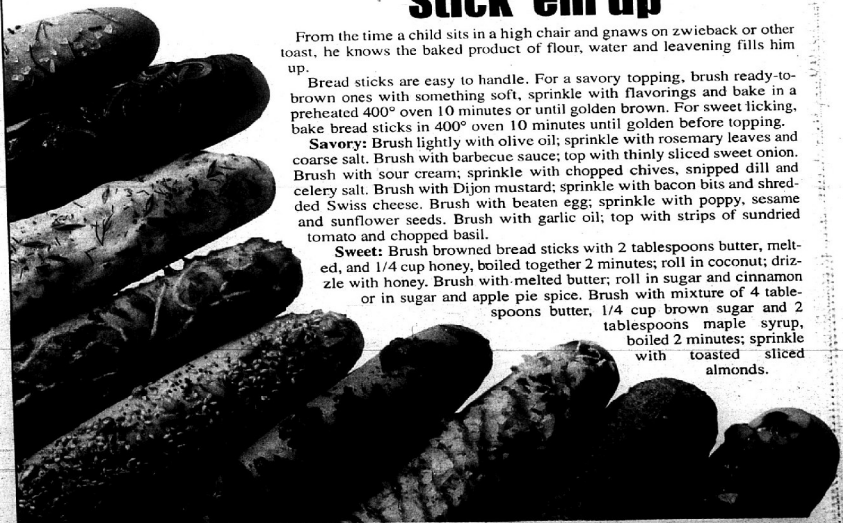
Stick 'em up

From the time a child sits in a high chair and gnaws on zwieback or other toast, he knows the baked product of flour, water and leavening fills him up.

Bread sticks are easy to handle. For a savory topping, brush ready-to-brown ones with something soft, sprinkle with flavorings and bake in a preheated 400° oven 10 minutes or until golden brown. For sweet licking, bake bread sticks in 400° oven 10 minutes until golden before topping.

Savory: Brush lightly with olive oil; sprinkle with rosemary leaves and coarse salt. Brush with barbecue sauce; top with thinly sliced sweet onion. Brush with sour cream; sprinkle with chopped chives, snipped dill and celery salt. Brush with Dijon mustard; sprinkle with bacon bits and shredded Swiss cheese. Brush with beaten egg; sprinkle with poppy, sesame and sunflower seeds. Brush with garlic oil; top with strips of sundried tomato and chopped basil.

Sweet: Brush browned bread sticks with 2 tablespoons butter, melted, and 1/4 cup honey, boiled together 2 minutes; roll in coconut; drizzle with honey. Brush with melted butter; roll in sugar and cinnamon or in sugar and apple pie spice. Brush with mixture of 4 tablespoons butter, 1/4 cup brown sugar and 2 tablespoons maple syrup, boiled 2 minutes; sprinkle with toasted sliced almonds.



Private Label Test Run



Journal tasters liked the ease and flavor of Flavorite frozen waffles from Dierbergs.

Toast round frozen waffles to corner easy breakfast

Frozen waffles heated in a toaster make a tasty, filling and easy breakfast or snack. *Journal* Private Label Test Run tasters munched on the Flavorite brand from Dierbergs this week.

Responses all were positive.

"They have a good color," one tester said.

Another liked the texture throughout the layers.

"The outside is good and crunchy and the inside has

a softness it should. They are more like your own homemade ones," she said.

"There is a flavorful aftertaste," one added.

They daydreamed about what jam or topping they would use on them at home. Nobody waffled over the convenience of toasting them, rather than making a batter and cooking them from scratch.

"These waffles are handy to use, too. They brown evenly. The edges don't curl

or bend or burn," a taster said.

At \$1.59 for a package of eight round waffles, the Flavorite brand costs about 50 cents less per package than a national brand. The only drawback noted was they come in only the basic flavor.

Another added a final positive comment.

"There is no waste like my homemade waffles. I always lose the first one when it sticks to the iron."

Micro Raves

By JUDY EDDY

Accent the positive: Potato carries the meat

Mashed, boiled or baked, the potato has not disappeared from the table. For those who live in a meat-and-potatoes world of eating, the time is now to emphasize the nutritious potato and give meat a lower berth.

Potatoes — reputed to be fattening, high in calories and generally lacking in nutritional value — are a healthy food choice. It is the dressing on a potato that adds extra fat and calories.

A baked potato alone is a perfectly healthy food choice, but add full-fat butter, cheese, bacon bits and sour cream, and fat moves into the driver's seat. Flavorfully dress down that potato with low-fat margarine and low-fat sour cream, and the ride is smooth.

Cooking potatoes in a microwave oven starts the engine toward healthier food preparation. Try preparing mashed potatoes in a microwave with minimal water to keep water-soluble vitamins from going down the drain when the extra is drained off.

Peel and quarter 4 medium white potatoes, cutting them uniformly so they cook evenly. In a 2-quart microwave

safe dish, cook potatoes with ½ cup water and 1 teaspoon salt. Microwave on high power, covered, 15 to 18 minutes until potatoes are fork-tender.

For delicious, calcium-rich, mashed potatoes, add ½ cup nonfat dry milk granules to the cooking water after the potatoes are done. Mash by hand or with a mixer. Add skim milk or water as needed for the potatoes to reach the desired consistency. No nutrient-rich cooking water is wasted, and the milk adds extra vitamins and minerals without extra fat.

For one or the whole family, baked potatoes from the microwave are quick and easy. Choose potatoes of similar size for even cooking. Scrub the potatoes and prick the skins with a fork to let steam escape while baking. Arrange them in a circle on a microwave-safe roasting rack or crumpled waxed paper in the microwave.

Cook on high power allowing 6 to 7 minutes per pound of vegetable. Test for doneness with a fork. When they pass the barely-tender test, remove from the oven and place in a covered container

so their internal heat finishes the cooking process.

PERKY POTATO SALAD

- 4 cups diced potato
- 2 tbs. water
- 4 green onions, sliced
- 1 cup sliced celery
- ¼ cup chopped red or green bell pepper
- 1 can (8 oz.) pineapple tidbits, undrained
- ¼ cup reduced-fat mayonnaise
- 1 tsp. mustard
- ¼ tsp. salt

Combine potato and water in microwave-safe casserole. Microwave, covered, on high power 7 to 8 minutes until potato is tender. Drain. Let cool.

Mix onion, celery, bell pepper, pineapple, mayonnaise, mustard and salt with cooled potatoes. Refrigerate until thoroughly chilled.

Home economist Judy Eddy specializes in microwave cooking.

Bread

Continued from page 1C.
American Cuisine® from: Bread du Jour Recipe Book, 1230 N. First St., St. Louis, Mo. 63102.

These sandwiches make a special meal.

SAVORY SOURDOUGH BAKE

- 2 pkg. (12.5 oz. each) ready-to-brown sourdough rolls
- 4 oz. sundried tomatoes in oil
- 8 oz. fresh mushrooms, sliced
- 2 cloves garlic, crushed
- 1 lb. spicy Italian sausage or ground beef, cooked,

- drained
- 2 cups (8 oz.) shredded mozzarella cheese
- ½ cup grated asiago cheese
- 1 egg
- 3 cups spaghetti or marinara sauce

Preheat oven to 400°.

Cut 2-inch circle from top of each roll. Hollow out center to leave ½-inch thick shell. On ungreased baking sheet, bake shells and tops 10 minutes — or until golden brown.

Reduce oven temperature to 350°.

In frying pan, saute tomatoes and oil, mushrooms and garlic until tender. Stir in cooked meat, cheeses, egg and bread crumbs.

Fill rolls with meat mixture. Bake in 350° oven 20

minutes.

Warm spaghetti sauce. Serve with sandwiches.

Makes 6 servings, 2 rolls each.

CHICKEN CAESAR GRILL

- 1 pkg. (16 oz.) ready-to-brown French bread
- ¾ cup Caesar salad dressing
- 2 tbs. mayonnaise, if desired
- 1½ lb. boned, skinned chicken breast
- 1 lb. romaine lettuce, thick stems removed
- ½ cup roasted red pepper

Wise Ways

Skinny cheeses moo-ve better texture and flavor

Cheese has slimmed down. Consumers can choose several low- and nonfat varieties with all the taste and nutrients of higher-fat products to choose in the dairy case.

When they first appeared on the market in the 1980s, reduced-fat cheeses were poor substitutes for the real thing. They usually tasted bland and melted poorly. Recently companies have come to use new fat replacers, with cheese now more closely resembling their full-fat counterparts.

The new fat substitutes found in cheese have fewer calories per gram because they are not absorbed or only partially absorbed in the digestive process. What are these ingredients that replace butterfat in nonfat and low-fat cheeses? Fat replacers listed on reduced and nonfat cheese products include cellulose, gums and dextrans — all carbohydrate-based fat substitutes.

Simplex is the registered brand name of a protein-based substitute used by some cheese manufacturers. This all-natural fat substitute is made from egg white, milk proteins or both, processed to give a smooth, creamy texture that resembles fat.

Since the "new" cheeses require special handling when cooking, here are tips to help ensure success:

- Use a low temperature. The cheeses melt more slowly than other natural cheese, so keep the heat low.

- Low-fat cream cheese works better at room temperature. Beat it before blending with other ingredients to ensure a smooth, creamy mixture.

- Fat-free and low-fat cheese do not bubble or puff as quickly as regular process cheese slices placed under a broiler. Heat and broil with caution. Grating it first improves melting qualities.

- Mix nonfat varieties half and half with regular cheese to improve flavor, or simply use half as much of a sharp-flavored, full-fat cheese.

- Because many low-fat and fat-free cheeses are higher in moisture than full-fat counterparts, they tend to absorb extra moisture. For dips, spread or salad — such as pasta or rice — extra liquid or salad dressing can be added just before serving for better flavor and consistency if the dish has been made and chilled ahead.

By CAROL SCHLITT

LOW-FAT FETTUCCINE PRIMAVERA

- 8 oz. uncooked fettuccine
- 1 cup broccoli flowerets
- 1 cup sliced carrot
- 1 pkg. (8 oz.) fat-free cream cheese, cubed
- ¼ cup skim milk
- ½ cup Kraft grated "house Italian" cheese
- ¼ cup sliced green onion
- ½ tsp. garlic powder
- ½ tsp. Italian seasoning

Prepare fettuccine as directed on package, adding broccoli and carrot to water last 5 minutes of cooking time. Drain.

In large saucepan over low heat, heat and stir cream cheese, milk, parmesan cheese, onion, garlic powder, and seasoning until smooth.

Certified home economist Carol Schlitt is nutrition and wellness educator with the University of Illinois Cooperative Extension Service at the Edwardsville Extension Center.

Living Lean for Adults

By TERRI EDELSTEIN

Using nonfat for high-fat gives eating a fresh glow

Nonfat is sweeping the nation, appearing in every form from cream soup to flaky Danish. Ice cream, chips, cheese and pastries are on the menu.

These items do not activate paradise on earth, but they can be a step up for those trying to limit fat intake. Here is their sunny side with a little shading of reality:

- Foods without fat still have calories, sometimes the same as the original. Their use depends on what you are trying to limit.

- The first place to look at replacing high-fat with low- or nonfat items is in meat, dairy products and baked goods. These are traditionally high in saturated fat, which raises cholesterol levels.

- Use fat-free ingredients for what they do best.

For instance, nonfat cream cheese is best used in its present form without a lot of heating. It cuts a whopping 10 grams fat in every tablespoon of the traditional form it replaces. It has a different consistency and keeps its shape when heated — instead of melting — so it

is best to use in ways closest to its inherent shape and texture, such as in cold appetizers.

On the other hand, lower-fat cream cheese, which is right next to regular brick cream cheese on the shelf, substitutes well in most dishes.

- Fat-free mayonnaise's flavor can use a little zip, particularly when used directly on bread where it can soak in. Add fresh herbs for a delicious sandwich spread.

- These products are successful at replacing higher-fat products. In other words, if your regular Saturday night snack is premium ice cream and chocolate chunk cookies, it is time to try a lower-fat frozen treat or fat-free cookies, but do not add the food because it is the "in" thing to eat.

This recipe for Surprise Cookies has been reduced from a typical high-fat version. Substituting nonfat cream cheese and mayonnaise for the butter, and using oats instead of coconut results in a nonfat cookie with more fiber.

SURPRISE COOKIES

- ¾ cup nonfat cream cheese (brick-style, not tub)
- ¾ cup nonfat mayonnaise
- ¾ cup granulated sugar
- ½ cup brown sugar
- 2 egg whites
- 1 cup uncooked oats
- 1 cup flour
- 1 tsp. baking soda
- ¼ tsp. baking powder
- ½ tsp. vanilla
- 1½ cups Wheaties cereal

In large mixing bowl, cream cheeses, mayonnaise and sugars. Beat in egg whites.

In separate bowl, stir together oats, flour, baking soda and baking powder. Stir into creamed mixture. Stir in vanilla and cereal.

Drop by teaspoonful on prepared baking sheets. Bake in preheated oven 10 to 12 minutes until golden brown.

Makes 2½ dozen; 61 calories, 1.5 g protein, no fat or cholesterol, 13 g carbohydrate, 82 mg sodium and 0.6 g fiber each.

Registered dietitian Terri Edelstein is a member of the nutrition committee for the American Heart Association, St. Louis Chapter.

SAUCY SCALLOPS DU JOUR

- 1 pkg. (12.5 oz.) ready-to-brown crusty Italian rolls
- 2 tbs. butter or margarine, melted
- 1 cup dry white wine or vermouth
- 1½ lb. scallops
- 4 tbs. butter or margarine
- ¼ cup sliced green onion
- 1½ cups sliced mushrooms
- 3 tbs. flour
- 1 tbs. lemon juice
- 1 cup dry sherry
- Salt, pepper and paprika to taste

Preheat oven to 400°.

Split rolls in half. Lightly brush each top and cut side with melted butter. Bake on ungreased baking sheet 10 minutes or until golden brown.

In saucepan, bring wine to boil. Remove from heat. Add scallops. Let sit, covered, 5 minutes. Drain scallops, reserving liquid.

In frying pan, saute mushrooms and green onion in 4 tablespoons butter 3 minutes. Blend in flour. Cook until light golden. Stir in scallop liquid, cream, lemon juice and sherry. Cook over medium heat 5 minutes. Add scallops. Season with salt and pepper.

Spoon sauce over roll bottoms and cap with tops. Garnish with paprika.

Good H

Grain of qu

Bread, cereal, to long have been the American way. There are many new ways to eat them. Every day, millions of grains fill the world with a total of 100,000 different types of grain.

Grains like wheat berries sound exotic to cans — because Cuisinart from the world take advantage of grains to create distinctive culinary traditions. Grains like quinoa are nice foods because they are easy to cook. Grains are dishes. They are cooked ahead of time and kept in the refrigerator.

Leftovers

Calif Navel

US fancy, 4 lb

Premium Banana

Indian Red Gr

US #1, large size

Russet Potatoes

US #1, 10 lbs.

Lettuces

US #1, large head

Red Delicious Apples

extra fancy grade

Onions

US #1, 3 lbs.

Cauliflower

US #1

Chili Beans

15 oz

Quality

We we

Today's Food

Good Health

By MELANIE POLK

Grains portray attitude of quick fix, good health

Bread, cereal, rice and pasta long have been staples of the American diet, but there are many new and healthy ways to eat these carbohydrate-loaded foods that provide nutrition and variety every day. Many types of grains fill the cornucopia with a total of six to 11 recommended servings each day.

Grains like millet, bulgur, wheat berries and kasha sound exotic to many Americans — because they are. Cuisines from around the world take advantage of nutty tastes and chewy textures of grains to combine with the distinctive flavors of their culinary traditions to create dishes that feed more of the world's population than any other type of food.

With a few exceptions, grains are great do-ahead dishes. Grains are great do-ahead dishes. They often can be cooked ahead of time and kept in the refrigerator a few days. Leftovers make superb

additions to a salad, soup or omelet. Those who like rice may enjoy arborio rice. Italians use it in their famous risottos. Basmati rice offers unique, fine texture and earthy fragrance. Brown rice adds extra fiber, nutrients and flavor.

Barley looks somewhat like rice, but has a rounder, beige grain with similar flavor but chewier texture. Bulgur is a nutty, cracked-wheat grain that has been precooked, then dehydrated. Couscous is technically a pasta, but acts like a grain with a creamy white color and delicate flavor and texture.

Barley Casserole is a mild but flavorful side dish. Whole-grain barley has more fiber than refined pearl barley. If using pearl barley in this casserole, adjust baking time accordingly.

To receive a free brochure of delicious menus and recipes for lower cancer risk, send a self-addressed envelope stamped with 55 cents postage to: American Institute for Cancer Research, Department MR, Washington, D.C. 20069.

BARLEY CASSEROLE

2 tbsp. margarine
2 medium onions, chopped
3/4 lb. fresh mushrooms, sliced
1 1/2 cups whole-grain barley
3 pimientos, coarsely chopped
2 cups chicken stock or low-sodium bouillon
Pepper to taste

Preheat oven to 350°. In large skillet, melt margarine over medium-high heat. Sauté onion, mushrooms and barley 5 to 10 minutes until tender, stirring frequently to avoid burning. Transfer to 2-quart baking dish.

Blend in pimiento, bouillon and pepper. Bake, covered, 60 minutes. Remove cover. Bake 10 minutes longer or until all liquid is absorbed. Makes 6 servings, 6 g fat and 235 calories each.

Registered dietitian Melanie Polk is director of nutrition education for the American Institute for Cancer Research in Washington.

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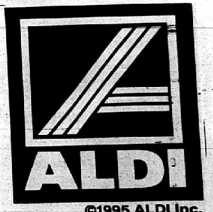
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Today's Food

Blue Ribbon Cook

Sunny elements form morning glory muffin

Pamela Mazdra, House Springs, is the winner of this week's recipe contest for Morning Glory Muffins. For it she wins a prize of dinner certificates at the Pasta House Co.

Her recipe comes from a local cookbook in Schuyler, Neb. As the name indicates, it is bright with luscious ingredients all rolled into a single moist muffin. If it is difficult to decide between a muffin with pineapple, carrot, nuts, apple or coconut, this solves the problem because it includes all these tasty additions.

Recipes in the Citrus Recipe Contest will be accepted through Feb. 28 for consideration as winner each of the five weeks in March, giving an extra week for a possible win.

Send one recipe per household to: Citrus Recipe Contest, 1714 Deer Tracks Trail, St. Louis, Mo. 63131. Any type of dish—appetizer to side dish, main dish to dessert or drink—is welcome.

Type or print the recipe legibly on one side of the

paper. Include name, address and telephone number on the entry. Name the *Journal* you receive. Be sure to double-check the recipe as it is written for both amounts and directions, including any variations that make this dish special.

If there is a history to the recipe, it will be considered part of the entry. It will be part of the basis for selecting winners, along with taste and eye appeal. Originality will be considered, although the recipe need not be original. If possible, name the source of the recipe.

Winners are notified by mail. Duplicate entries will be considered on the basis of earlier entry or best compliance with the rules. Contest winners may enter again six months after their prize-winning publication date.

MORNING GLORY MUFFINS

1 1/4 cups sugar
2 1/4 cups flour

1 tsp. cinnamon
2 tsp. baking soda
1/2 tsp. salt
1/2 cup coconut
1 apple, grated
2 cups grated carrot
1/2 cup chopped pecans and walnuts
1 can (8 oz.) crushed pineapple, drained
3 eggs
1 cup oil
1 tsp. vanilla

Preheat oven to 350°. Grease muffin cups or spray with nonstick cooking spray.

In large bowl, combine sugar, flour, baking soda, salt and cinnamon.

In separate bowl, mix coconut, apple, carrot, nuts and pineapple. Add to flour mixture.

Beat eggs. Blend in oil and vanilla. Mix with rest of ingredients.

Fill prepared muffin cups about three-fourths full. Bake in preheated oven 25 to 30 minutes.

Makes about 2 dozen muffins.

Eating right recipes due on Friday

Entries in the Eating Right Recipe Contest are due Friday, Feb. 17. Those who submit the top recipe in each of four categories will receive a basket from Schnuck Markets. They should show how to eat smart with lower fat, breads, pasta and other foods to help them continue to "eat right," plus a cookbook from for submitting the old, high-cholesterol and sodium. Extra consideration is given to the American Heart Association, St. Louis Chapter.

The *Suburban Journals* sponsors the contest with the local heart group. A maximum of one recipe per category per household can be entered. Recipes should reflect today's cooking style with quick preparation and few ingredients.

• Microwave: Any type of dish or beverage will be accepted.

• Ethnic Dish: Thinned-down recipe for anything from German rouladen to Oriental stir-fry or Mexican burritos.

• Fruity Dessert: Fruit in many forms answers the sweet tooth.

Send entries to: Eating Right Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Recipe

MEXI SALAD MOLD

2 cups water
2 envelopes unflavored gelatin
2 tsp. chicken bouillon granules
1 jar (12 oz.) salsa
1/2 cup finely chopped green bell pepper
2 pkg. (3 oz. each) cream cheese, softened
1 cup dairy sour cream
1/2 cup chopped pitted ripe olives

Few drops pepper sauce

Combine water, gelatin and bouillon. Heat, stirring constantly, until gelatin and bouillon are dissolved.

To make salsa layer, combine salsa, 1 cup plus 2 tablespoons gelatin mixture and green pepper. Mix well. Pour into well-oiled 5-cup mold. Chill until just set.

For cream cheese layer, beat cream cheese and sour

cream until well blended. Stir in remaining gelatin mixture, olives and pepper sauce until well combined. Pour over salsa layer. Chill several hours or overnight.

To serve, unmold on serving plate. If desired, surround with cherry tomatoes and bite-size green vegetables.

Makes 15 servings; 90 calories, 2 g protein, 8 g fat and 3 g carbohydrate each.

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Recipe

SWEET AND HOT

LEMONADE

1 1/2 cups sugar
1/2 cup boiling water
Grated peel of 1 lemon
1 1/2 cups fresh lemon juice

Combine sugar and boiling water. Stir until sugar is dissolved. Add lemon peel.

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Today's Food

Recipe

PORK STROGANOFF

2 tbs. butter or margarine
1 lb. pork tenderloin, trimmed, cut in cubes
8 oz. fresh mushrooms,

sliced
1 medium onion, halved lengthwise and thinly sliced
2 cloves garlic, minced
2 tbs. flour
2 tbs. chicken bouillon granules
1 tsp. parsley flakes
1/2 tsp. leaf thyme, if desired
1/4 tsp. pepper

2 cups water
1/2 cup dairy sour cream
8 oz. uncooked egg noodles
2 tbs. butter or margarine, softened

In large skillet, melt 2 tablespoons butter. Cook pork, mushrooms, onion and garlic until meat is just browned.

Stir in flour, bouillon, parsley, thyme and pepper. Blend in water. Bring to boil. Reduce heat. Simmer 20 min-

utes, stirring occasionally. Stir in sour cream. Heat through without boiling. Cook noodles according to

package directions. Drain. Add softened butter. Toss to coat. Serve hot meat mixture over noodles.

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Hans Moosa, M.D.

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Dr. Moosa, a vascular surgeon, will discuss:

- Peripheral artery disease
- Wound healing and the Wound Clinic held at Memorial

DATE, TIME, PLACE
Tuesday, February 21, 1995
7 to 8:30 p.m.
Memorial Hospital Auditorium

INFORMATION

Attendance is limited to 40 people. Advance registration is required; reservations can be made by calling Memorial's Community Relations Department at 257-5649.



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Today's Food

Cherries, cake one light bite

To win the battle of the bulge, eat nutritiously or simply serve cherries in delicious and gorgeous style, concentrate on Cherries and Cream Parfaits.

It starts with angel food cake purchased or baked at home. Cut it in cubes, top with sweet cherries, then create a rich-tasting topper from unflavored gelatin, skim milk and low-fat cottage cheese. Each serving has just 155 calories.

If pastry is the passion, take a break with Cinnamon Fruit Tart. It has a graham cracker crust and a deceptively rich creamy filling. Top it with favorite fresh fruit. There is no guilt to eating this because it has only 155 calories in a serving.

These recipes are from a free cookbooklet, "When Diet Matters," which can be ordered by writing to: Knox Calorie-Controlled Recipes, P.O. Box 1100, Grand Rapids, Minn. 55745-1100.

ly divide cake cubes and cherries in six (6-ounce) dessert dishes.

In blender, sprinkle unflavored gelatin over cold milk. Let stand 2 minutes. Add hot milk.

Process at low speed about 2 minutes until gelatin is dissolved completely.

Add cottage cheese, sweetener, vanilla and almond extract.

Process about 2 minutes until smooth.

Pour cream over cake and cherries. Chill about 30 minutes until set.

Makes 6 servings; 155 calories, 10 g protein, 27 g carbohydrate, 1 g fat, 220 mg sodium and no cholesterol each. Exchanges: 1 starch, 1 non-fat milk.

Upcoming

Health & Wellness Programs

HEART HEALTHY SCREENING, Peace Lutheran Church, Belleville, Friday, February 17, 10 a.m. - noon. Includes Cholesterol, Diabetes and Blood Pressure Check. Fee: \$8. By appointment only. Sponsored by St. Elizabeth's Hospital, Belleville Area College's PSOP and St. Clair County Health Department. Register by Feb. 15—call 234-6463 between 9 am-1 pm.

Health & Aging Issues Dialogue—"Living Wills" Tues., Feb. 21, 2:30-3:30 p.m. St. Elizabeth's Hospital Medical Director Harold Harsin, M.D. and Michael Nester, attorney, will present the program. Topics for discussion will include planning ahead for medical emergencies; patient's rights to make medical decisions; and the Advance Directive—living wills and power of attorney. To register for this free program call 234-2120, extension 1575.

BE HEART-SMART! Monday, February 27, 7 p.m. Free public education program in conjunction with National Heart Month - February. Speaker, Dr. Roop Lal of Cardiology Consultants, Ltd. will discuss the symptoms, diagnosis and treatment of heart disease, and answer participant questions. To register for this free program at the hospital, call 234-2120, extension 1575.



St. Elizabeth's Hospital of Belleville

An Affiliate of Hospital Sisters Health System

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CINNAMON FRUIT TART

- 1 envelope unflavored gelatin
- 1/2 cup cold water
- 1 cup (1 percent milkfat) cottage cheese
- 3/4 cup pineapple juice
- 1/2 cup reduced-fat sour cream
- 1/2 cup skim milk
- 6 packets aspartame sweetener, such as Equal
- Cinnamon Graham Cracker Crust
- 2 cups fresh fruit, such as sliced strawberries, kiwifruit or orange, blueberries or raspberries

In small saucepan, sprinkle gelatin over cold water. Let stand 1 minute. Stir over low heat about 3 minutes until gelatin is dissolved completely.

In blender or food processor, process cheese, juice, sour cream, milk and sweetener until blended. With machine running, add gelatin mixture through food cap. Continue processing until blended.

Pour into crust. Chill at least 3 hours until firm.

To serve, top with fresh fruit.

Cinnamon Graham Cracker Crust: In small bowl, combine 1 1/2 cups graham cracker crumbs, 1/2 teaspoon cinnamon and 1/4 cup (1 stick) margarine, melted. Press into 9 1/2-inch tart pan. Refrigerate about 30 minutes before filling.

Makes 12 servings; 155 calories, 5 g protein, 18 g carbohydrate, 6 g fat, 220 mg sodium and 5 mg cholesterol each. Exchanges: 1 starch, 1/2 fruit and 1 fat.

CHERRIES AND CREAM PARFAITS

- 1 (7 inch) angel food cake (about 13 oz.), cut in 1 inch cubes (6 cups)
- 1 can (8 3/4 oz.) sweet pitted cherries, drained, coarsely chopped
- 1 envelope unflavored gelatin
- 1/2 cup cold skim milk
- 1/2 cup skim milk, heated to boil
- 1 cup (1 percent milkfat) cottage cheese
- 10 packets aspartame sweetener, such as Equal
- 2 tsp. vanilla
- 1/2 to 1 tsp. almond extract

Alternately layer or equal-

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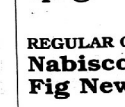
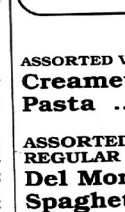
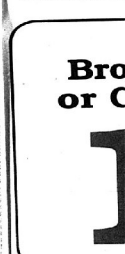
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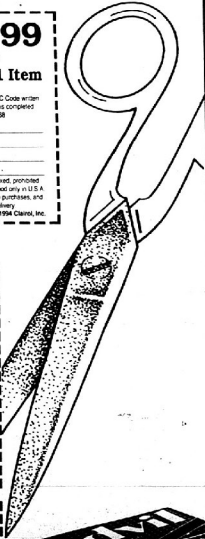


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58¢

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30-CT.

**FRESH BAKED
Hamburger
Buns**

79¢

8
CT.

**Fresh
Glazed Donuts**

199

12-COUNT
PACKAGE

**Farm Fresh
Catfish Fillets**

399

lb.

**Whole
Skinned Whiting**

139

lb.

**Audubon Park
Wild Birdseed**

399

25-POUND
BAG

**Dole Classic
Salad Blend**

248

3-POUND
BAG

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on credit limit

WE HAVE A LARGE

2988A

'93 F150 XLT SU
4 WHEEL D
ALL THE EQU
\$18,9

2808A

'93 AEROS
XLT
FULLY EQU
\$16,9

2808A

'94 CAM
AUTO AIR &
16,XXX MI
\$15,9

2811A

'92 GMC P
6 CYL. AUTO
MORE 20,XXX
\$15,5

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Air Conditioning
Auto. Transmis
Overdrive, Pow
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Plus More.

Sale Price

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'92 GMC 1/2 TON
W/POWER
Was \$13,995
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'89 DODGE
1/2 TON
CONVERSION
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6
PROGRAM
CORSCAS
All Loaded

25 PR

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'84 BUTLER LTD. Loaded, 10,000 Miles, 1981 3000 S.S. 429-7071
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'84 BUTLER LTD. Loaded, 10,000 Miles, 1981 3000 S.S. 429-7071
JIM BUTLER CHEVROLET 9900 WATSON 966-3311

6 CHEVROLET

'85 CAMARO Full Power, Air, 31,000 Miles, 1981 3000 S.S. 429-7071
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'85 CAMARO Full Power, Air, 31,000 Miles, 1981 3000 S.S. 429-7071
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'85 CAMARO Full Power, Air, 31,000 Miles, 1981 3000 S.S. 429-7071
JIM BUTLER CHEVROLET 9900 WATSON 966-3311

6 CHEVROLET

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'85 Camaro Full Power, Air, 31,000 Miles, 1981 3000 S.S. 429-7071
JIM BUTLER CHEVROLET 9900 WATSON 966-3311
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'93 Down Cash or trade 11.9% 48 Mo.
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Loaded, Polo Green
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1992 Loaded
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1994 Tempo GL 4 Door

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\$10,990⁰⁰
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2288A '93 F150 XLT SUPER CAB. 4 WHEEL DRIVE ALL THE EQUIPMENT \$18,990	2288B '92 GMC CONV. VAN LOADED WITH EQUIP. MENT, 33,XXX \$15,490	2331D '94 RANGER AIR, P.S., P.B., AM/FM 6,XXX MILES \$10,990	2550B '91 SUNBIRD AUTO, AIR, 45,XXX MILES \$8,990
2288A '93 AEROSTAR XLT FULLY EQUIPPED \$16,990	2643A '93 DODGE CARAVAN 8 CYL., AUTO, AIR \$14,990	2805 '93 RANGER AUTO, AIR, AM/FM, 10,XXX MILES \$10,990	P2003A '90 NISSAN PICKUP RED, "SHARP TRUCK" W/AIR \$7,490
2808A '94 CAMARO AUTO, AIR & MORE, 16,XXX MILES \$15,990	2738A '93 AEROSTAR XL PLUS 8 CYL., AUTO, AIR, POWER LOCKS, POWER WINDOWS \$14,490	2957A '92 F150 XL 6 CYL., P.S., P.B., AM/FM \$9,990	2804A '92 ESCORT P.S., P.B., AIR, AM/FM, STEREO \$6,990
2841A '92 GMC PICKUP 6 CYL., AUTO, AIR & MORE 20,XXX MILES \$15,590	2907A '92 MUST. LX CONV. 4 CYL., AUTO, AIR, POWER WINDOWS, POWER LOCKS \$11,490	2926B '91 RANGER STX 4 WHEEL DRIVE \$8,990	2883A '89 ESCORT 2 DR. AIR, AM/FM, P.S., P.B. \$3,790

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With Factory Air Conditioning, Front Wheel Drive, Body Molding, Drivers Side Air Bag
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SAVE THOUSANDS NOW

NEW 1995 S-10 PICK UP
300 FACTORY EQUIPMENT
Sale Price **\$9,583**

100 PRE-OWNED CARS AND TRUCKS

92 GMC 1/2 TON PICKUP W/13,995 Now \$12,242	3-94 GEO TRACKERS Automatic & 5 Speeds	89 CHEVY 1/2 TON P.U. Loaded, Extra Clean	94 CAMARO COUPE Loaded, Extra Clean, 4,xxx Miles	95 MONTE CARLO Z-34 Loaded, 6xxx Miles	94 LUMINA EURO Program Vehicle Clean & Loaded	92 PONTIAC SUNBIRD Auto, Air & More	94 EAGLE TALON DL Loaded, 12,xxx Mi.	95 CHEVY 1/2 TON EXT. CAB Loaded, Extra Clean, 4,xxx Miles	91 EXPLORER 4 Door, XLT, Loaded, Reduced	92 GMC W/T Awt, Air & More Reduced to 11,942	91 ASTRO CL Loaded, Shorp, Low Miles
89 DODGE 3/4 TON CONVERSION VAN Low Miles	91 GMC SAFARI EXT. VAN SLE Loaded, Low Miles	91 FORD FESTIVA Auto, Air 36,xxx Mi.	89 S10 P.U. Low Miles, Super Clean	91 FORD FESTIVA Auto, Air 36,xxx Mi.	91 FIREBIRD T-Top Loaded	92 LUMINA EURO 4 Door, 1,xxx Miles, Extra Clean	93 S10 P.U. V6, Auto, Extra Clean, 25,xxx Miles	88 OLDS CUTLASS CIERA V6, Lots Of Extras	90 PONTIAC GRAND AM 4 Door, Extra Clean, 11,942	88 LINCOLN TOWN CAR Extra Clean, Loaded	92 LUMINA Z34 CPE. Reduced to 11,074
6 PROGRAM CORCAS All Loaded	91 LUMINA EURO Extra Clean, Reduced to \$16,400 Stock #7538A	9 PROGRAM CAVALIERS All Loaded	91 LUMINA EURO Loaded, Low Miles	6 PROGRAM CAPRICE CLASSICS All the Extras	92 S10 BLAZER 4 Door, Loaded, 24,xxx Miles	94 LUMINA EURO 4 Door, V6, Loaded, 7,xxx Miles	94 PONTIAC FIREBIRD FORMULA 6 Speed 2,xxx Miles	93 S10 P.U. Extra Clean, 7,xxx Miles	93 LUMINA 4 Door, 22,xxx Mi. Loaded	93 FIREBIRD FORMULA 1,2xx Miles, Reduced to \$15,960 Stock #6287A	92 FORD TEMPO 4 Door, Extra Clean, Low Price

25 PROGRAM • CORCAS • LUMINA • IN STOCK • SPECIAL REDUCED • 11,990

1992 BUICK REGAL GRAN SPORT
Loaded, Extra Clean
38,xxx Miles100 PRE-OWNED CARS & TRUCKS
EXTRA CLEAN • LOW MILESRt. 3 and Pontoon Road
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3 MILE NORTH OF I-70 ON HIGHWAY 129, ST. LOUIS, MO. 63125

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Legal Notices

NOTICE OF SALE IN THE CIRCUIT COURT OF THE THIRD JUDICIAL CIRCUIT IN AND FOR MADISON COUNTY, ILLINOIS

ROOSEVELT BANK, A Federal Savings Bank, Plaintiff,
vs.
JAMES ARZAGUEN, UNKNOWN OWNERS, DEFENDANTS.
NONRECORD CLAIMANTS.

Defendants:
PUBLIC NOTICE is hereby given that pursuant to a judgment of the above court entered in the above entitled cause on November 15, 1994, the following described real estate, to-wit:
Block 12, 13 and 14, a subdivision of part of the North Quarter of Section 18 Township 5 North, Range 9 West of the Third Principal Meridian, according to the plat recorded in the Madison County Clerk's Office, Book 24, Madison County, Illinois.

Parcel ID No. 23-08-19-10-10-02
Commonly known as 2387 Brandt, Alton, Illinois, 62002 will on the 28th day of February, 1995 at the hour of 10:00 a.m. in the Madison County Courthouse, Courthouse 102, Edwardsville, Illinois, be offered for sale and sold to public by the Madison County Clerk, according to the terms of the order of the court.

Parcel ID No. 23-08-19-10-10-02
Commonly known as 2387 Brandt, Alton, Illinois, 62002 will on the 28th day of February, 1995 at the hour of 10:00 a.m. in the Madison County Courthouse, Courthouse 102, Edwardsville, Illinois, be offered for sale and sold to public by the Madison County Clerk, according to the terms of the order of the court.

Parcel ID No. 23-08-19-10-10-02
Commonly known as 2387 Brandt, Alton, Illinois, 62002 will on the 28th day of February, 1995 at the hour of 10:00 a.m. in the Madison County Courthouse, Courthouse 102, Edwardsville, Illinois, be offered for sale and sold to public by the Madison County Clerk, according to the terms of the order of the court.

Francis L. Keldermans, McBride, Baker & Coles, Chicago, Illinois
STATE OF ILLINOIS, in and for the County of Madison, in the Circuit Court of the Third Judicial Circuit, in and for the County of Madison, Illinois, do hereby certify that the following is a true and correct copy of the original of the same as the same is on file in the office of the Clerk of the Court.

Francis L. Keldermans, McBride, Baker & Coles, Chicago, Illinois
STATE OF ILLINOIS, in and for the County of Madison, in the Circuit Court of the Third Judicial Circuit, in and for the County of Madison, Illinois, do hereby certify that the following is a true and correct copy of the original of the same as the same is on file in the office of the Clerk of the Court.

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SCRAP STEEL removal. Scrap metal and machinery. Call 475-2044.

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CALL (314) 821-1555 NOW. 475-2044.

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PUBLIC NOTICE

Proposed Change In Rates for Water Service To the Water Company of Illinois

Illinois-American Water Company hereby gives notice to the public that it has filed with the Illinois Commerce Commission proposed changes in rates for water service for all Districts and Divisions of the Company. This Division is known as the Southern Division and is comprised of the Alton District, Cairo District and Intertown District. In the Intertown District, the Company serves the Cities of East St. Louis, Belleville, Granite City, Madison, Venice and Centerville, Villages of National City, Fairmont City, Brooklyn, Sauget, Washington Park, Swansea, Cahokia, Swansea, and Pontoon Beach, and Townships of Canton, St. Clair and Stokely, and the environs of each, all located in the Counties of St. Clair, Monroe and Madison, Illinois.

The said changes involve all tariff charges and, if approved, would result in an 11% increase in the Southern Division's gross revenues. This increase reflects the proposed movement towards consolidation of the rates applicable to water service in the Districts comprising Illinois-American Water Company. In the event that the Commission does not approve the Company's specific proposal, evidence included in the rate filing would support the approval of rates which would produce an 11% increase in the Southern Division's gross revenues.

A copy of the proposed change in Schedules may be inspected by any interested party in the business offices of the Company. Customers should be advised that the Commission may alter or amend the rates or conditions of service after hearings held pursuant to 83 Ill. Adm. Code 200 and may increase or decrease individual rates in amounts other than those requested by the Company. In the event that the Commission suspends the proposed tariffs, and hearings are conducted, the proposed change in rates will not become effective until the end of 1995.

All parties interested in this matter may obtain information with respect thereto either directly from the Company or by addressing the Chief Clerk of the Illinois Commerce Commission, 527 East Capitol Avenue, Springfield, Illinois 62764.

Interested parties may intervene in the proceeding conducted by the Illinois Commerce Commission to consider the proposed changes in rates pursuant to Illinois Commerce Commission Rule, 83 Ill. Adm. Code 200.200.

Illinois-American Water Company
Ray Lee
President

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Horoscope

Wednesday, Feb. 15
Today's full moon is full of practical plans and optimism for original projects. Assess the possibilities for going into business for yourself — practical details of creative endeavors fall into place. Romances progress apace, and harmless flirting easily ignites passions, so be careful! But that shy one who has worshipped you from afar is now ready to make his or her sentiments known.

ARIES (March 21-April 19)
Let go of inhibitions and old prejudices — see with the eyes of a child. Try to remember the merits of a love relationship, even as you reach for independence. Enjoy the calming influence of a hobby.

TAURUS (April 20-May 20)
Pretend you don't know what's coming, and act surprised when it does — your family is counting on your approval of a major undertaking. Through the weekend, home is where you can work it all out.

GEMINI (May 21-June 21)
Oversteering isn't a problem if you look closely for bargains, check the details and avoid hidden charges. Extra fun comes with one who offers an adventure of a new and different kind. Communicate your joy!

CANCER (June 22-July 22)
In the morning, you break through an impasse between yourself and an associate.

Joint ventures and emotional issues may be the emphasis through the weekend. Refrain from making large purchases until next week.

LEO (July 23-Aug. 22)
Your personal life undergoes a powerful change. Try to bypass a confrontation over money matters — partners and lovers are equally likely to give you static about your independent, free-spending ways.

TODAY'S BIRTHDAY (Feb. 15)
The past opens the door to the future. Get in touch with old friends, and make plans for that new career direction in March. Through April and May, love and marriage will change your life, location and even your career. Enjoy sudden gains in June. Travel and win in a legal matter in July. Make your move toward status and wealth in September.

VIRGO (Aug. 23-Sept. 22)
Quiet behind-the-scenes efforts are now in the public spotlight. You can stand back and watch the results of your strategic efforts, and you may even get credit. Your partner is finally convinced you're right.

LIBRA (Sept. 23-Oct. 23)
Kiss the past good-bye — you have a chance for real progress, but you have to cut ties and move for ward with the momentum of freedom.

SCORPIO (Oct. 24-Nov. 21)
Hunches are right on target —

decisions made now carry consequences or rewards into the far future. You're ready to take a chance on your own judgment, with a possible big boost to your income and work prestige.

SAGITTARIUS (Nov. 22-Dec. 21)
Speak your mind, and watch your assertiveness bring

results. Love takes a back seat to adventure.

CAPRICORN (Dec. 22-Jan. 19)
Go out of your way to help others, especially co-workers and neighbors. They won't forget, and the future will bring opportunities from what you do now.

AQUARIUS (Jan. 20-Feb. 18)
Use psychology to motivate teamwork in those around you. It's a sure bet you have a chance to socialize with the social lions, but it may profit you more to accompany your partner to a family gathering.

PISCES (Feb. 19-March 20)
Even the slightest disappointment can shake your confidence — but by the day's end, your mood is more stable. The fact is, the future looks bright.



Joyce Jillson
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Ends Thursday! **Richie Rich** 7:15
Macaulay Culkin (PG)

STARTS FRIDAY!
HOUSE GUEST (PG)
FRI/SAT 7:00, 9:15 SAT/SUN 2:00
SUN THURS 7:15

Ends Thursday! **DEMON KNIGHT** 7:00
Jodie Foster (PG-13)

STARTS FRIDAY!
NEI (PG-13)
FRI/SAT 7:15, 9:45 SAT/SUN 2:15
SUN THURS 7:15

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